



## Absence Make-Up Options

You may only make-up *two* absents from the Igniter Program; anymore will have to schedule a meeting with Margot to continue Igniter program. Please **email** your work to Margot at [mloza@olvcaldwell.org](mailto:mloza@olvcaldwell.org) to receive credit. **Due: March 31, 2019**

### OPTION ONE:

Read [John Chapter 14](#) and complete a WRAP prayer:

WRAP prayer is a form of prayer with the scriptures (bible). It is an easy way to pray and be guided by the Holy Spirit through His word. Set aside thirty minutes for this reflection. This reflection should be half a page to a full page in length. This a type of prayer you can do from now on to help you be the best version of yourself through Jesus' word.

1. WRITE: Write down one or two sentences that stood out to you in the reading.
2. REFLECT: Why did that sentence(s) stand out? What is the Lord trying to tell you through those sentences?
3. APPLY: What is God inviting you to change about your life through what you just read?
4. PRAY: You are NOT alone in your mission here on earth. The Lord will help guide you to be the best person you can be. Write a short prayer to God to help you make the changes He wants you to make.

### OPTION TWO:

Write a half- page reflection on this article about the Holy Spirit:

<https://churchpop.com/2015/05/23/5-things-holy-spirit/>

- *Double-spaced, 12 point font, times news roman.*

### OPTION THREE:

Write a half- page reflection on this article on Mary, our mother and the mother of Jesus:

<https://churchpop.com/2018/08/22/5-reasons-mary-should-reign-as-the-queen-of-your-heart/>

- *Double-spaced, 12 point font, times news roman*