

## **Sponsor Requirements**

A sponsor is required for the candidate to be confirmed. So how do I go about picking a sponsor?

A sponsor must:

- 1. Be at least 16 years old.**
- 2. Lead a life of faith.**
- 3. Not be a parent of the candidate.**

Being a sponsor is not just an honor given to a good friend or relative.

Sponsorship implies a real appreciation of faith, a practice of the same, and a sense of responsibility toward the person being confirmed. The sponsor's role is to assist the person in Christian initiation, with the parents, to help the newly confirmed to live a life befitting a Catholic Christian.

Parents cannot be sponsors because they are already their child's most important teacher.

**A sponsor plays a vital role in the candidates continuing initiation into full membership in the Christian community by:**

- Supporting the candidate in their commitment to a Christian life**
- Gaining knowledge of the candidate and serving as a strong and lasting influence**
- Helping the candidate prepare for Confirmation**
- Presenting the candidate to the Archbishop during the Confirmation Liturgy**

Therefore, it is important that the sponsor be a person that is actively living a Christian life, registered in a parish and regularly receiving the sacraments.