

Welcome to the Clean Team!

The Michigan Department of Transportation (MDOT) is pleased you've joined the Adopt-A-Highway team. Together, we'll keep our roadsides clean and attractive.

It's a big job and we want the experience to be as safe as possible. Please read these safety rules carefully before each pickup.

All volunteers must:

- View the MDOT Adopt-A-Highway safety video prior to participation in a cleanup (the video is available from your Adopt-A-Highway supply locations or online at www.michigan.gov/adoptahighway)
- Wear an MDOT-provided Adopt-A-Highway safety vest
- Park all vehicles clear of the roadway and on the same side of the road where volunteers are working
- Be 12 years of age or older to participate in a cleanup
- Furnish adequate supervision by one or more adults 21 years of age or older for groups that have participants 12-17 years of age
- Pick up litter only during daylight hours
- Not pick up trash on the road surface and shall stay off the road at least 5 feet from the pavement edge
- Obey all safety rules and guidelines
- Conduct a safety meeting for all participants prior to each cleanup and go over Safety Rules and Guidelines for Volunteers and Safety Procedures for litter pickup
- Be in good health with good sight and hearing

For your safety:

- Wear light-colored clothing that covers arms and legs
- Wear leather shoes or boots, a hat and safety glasses
- Wear clothing that will not divert attention of motorists during cleanup activities
- Wear clothing that will not impair vision or movement during cleanup activities
- Work in small groups
- Face oncoming traffic when picking up litter and look up often to ensure that no vehicle is encroaching your work area
- Do not work in construction zones
- Stop working in bad weather, especially when there is poor visibility and wet or icy roads

- During warm weather months, drink plenty of fluids - take breaks and avoid overexertion; sunscreen is recommended
- During cold weather months, dress warmly with layered clothing
- Stay off loose stones and steep slopes
- Be alert for snakes, stinging insects, ticks and poisonous plants
- Do not remove hazardous substances or dead animals (notify your local Adopt-A-Highway coordinator and tell him/her the location of the item)
- Carpool to the site to reduce the number of vehicles
- Use proper lifting and bending techniques
- It is unlawful to use emergency crossovers; instead, drive to an exit to turn vehicles around
- Place bags near the shoulder, not on the shoulder



Volunteers must not:

- Use or possess illegal drugs or alcohol during a cleanup
- Pick up trash on bridges or overpasses
- Pick up trash on a median
- Pick up what appears to be hazardous material (notify your local Adopt-A-Highway coordinator if you encounter hazardous objects or holes, guy wires and other hidden obstacles in the ground)
- Attempt to squeeze bags to make room for more trash (injuries can result from broken or jagged objects)

In case of emergency:

- Be prepared for serious injury. Every crew should have an adequate first-aid kit
- Select an emergency room/hospital and know the route to it from the work area
- Every crew member should have transportation immediately accessible
- Carry a cell phone

This brochure is also available online at www.michigan.gov/adoptahighway.

This brochure is available in alternative formats such as large print, audio tape and braille. Copies may be requested by calling 517-373-2160.



For further information on Adopt-A-Highway:

Call the MDOT region office that serves your county.

Superior Region

Baraga, Houghton, Keweenaw, Marquette, and Ontonagon Counties: **906-485-4270**
Delta, Dickinson, Gogebic, Iron, and Menominee Counties: **906-875-6644**
Alger, Chippewa, Luce, Mackinac, and Schoolcraft Counties: **906-293-5168**

North Region

Antrim, Benzie, Charlevoix, Grand Traverse, Kalkaska, and Leelanau Counties: **231-941-1986**
Cheboygan, Crawford, Emmet, Ogemaw, Otsego, and Roscommon Counties: **989-731-5090**
Alcona, Alpena, Iosco, Montmorency, Oscoda, and Presque Isle Counties: **989-356-2231**

Grand Region

Lake, Manistee, Mason, Mecosta, Missaukee, Osceola, and Wexford Counties: **231-775-3487**
Allegan, Barry, Ionia, Kent, and Montcalm Counties: **616-464-1800**
Muskegon, Newaygo, Oceana, and Ottawa Counties: **231-777-3451**

Bay Region

Arenac, Bay, Clare, Genesee, Gladwin, Gratiot, Huron, Isabella, Lapeer, Midland, Saginaw, Sanilac, Shiawassee, St. Clair, and Tuscola Counties: **989-754-7443**

Southwest Region

Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph, and Van Buren Counties: **269-337-3900**

University Region

Clinton, Eaton, and Ingham Counties: **517-335-3754**
Hillsdale, Jackson, and Lenawee Counties: **517-780-7540**
Livingston, Monroe, and Washtenaw Counties: **810-227-4681**

Metro Region

Macomb County: **586-421-3920**
Oakland County: **248-451-0001**
Wayne County: **313-375-2405**
City of Detroit: **313-965-6350**
Region Office: **248-483-5100**

Program Coordinator

Tim Jones **517-322-3388**, **517-322-2699** (fax)
jonest30@michigan.gov

Safety Rules

ADOPT-A-HIGHWAY



MDOT

The MDOT logo, which includes a stylized green map of Michigan to the left of the letters "MDOT" in a bold, blue, sans-serif font. Below "MDOT" is the text "Michigan Department of Transportation" in a smaller, green, sans-serif font.

Providing the highest quality integrated transportation services for economic benefit and improved quality of life.