# Welcome to the Clean Team!

The Michigan Department of Transportation (MDOT) is pleased you've joined the Adopt-A-Highway team. Together, we'll keep our roadsides clean and attractive.

It's a big job and we want the experience to be as safe as possible. Please read these safety rules carefully before each pickup.

## **All volunteers must:**

- View the MDOT Adopt-A-Highway safety video prior to participation in a cleanup (the video is available from your Adopt-A-Highway supply locations or online at www.michigan.gov/adoptahighway)
- Wear an MDOT-provided Adopt-A-Highway safety vest
- Park all vehicles clear of the roadway and on the same side of the road where volunteers are working
- Be 12 years of age or older to participate in a cleanup
- Furnish adequate supervision by one or more adults 21 years of age or older for groups that have participants 12-17 years of age
- · Pick up litter only during daylight hours
- Not pick up trash on the road surface and shall stay off the road at least 5 feet from the pavement edge
- · Obey all safety rules and guidelines
- Conduct a safety meeting for all participants prior to each cleanup and go over Safety Rules and Guidelines for Volunteers and Safety Procedures for litter pickup
- Be in good health with good sight and hearing

# For your safety:

- Wear light-colored clothing that covers arms and legs
- Wear leather shoes or boots, a hat and safety glasses
- Wear clothing that will not divert attention of motorists during cleanup activities
- Wear clothing that will not impair vision or movement during cleanup activities
- Work in small groups
- Face oncoming traffic when picking up litter and look up often to ensure that no vehicle is encroaching your work area
- Do not work in construction zones
- Stop working in bad weather, especially when there is poor visibility and wet or icy roads

- During warm weather months, drink plenty of fluids - take breaks and avoid overexertion; sunscreen is recommended
- During cold weather months, dress warmly with layered clothing
- Stay off loose stones and steep slopes
- Be alert for snakes, stinging insects, ticks and poisonous plants
- Do not remove hazardous substances or dead animals (notify your local Adopt-A-Highway coordinator and tell him/her the location of the item)
  - Carpool to the site to reduce the number of vehicles
  - Use proper lifting and bending techniques
  - It is unlawful to use emergency crossovers; instead, drive to an exit to turn vehicles around
  - Place bags near the shoulder, not on the shoulder



### **Volunteers must not:**

- Use or possess illegal drugs or alcohol during a cleanup
- · Pick up trash on bridges or overpasses
- Pick up trash on a median
- Pick up what appears to be hazardous material (notify your local Adopt-A-Highway coordinator if you encounter hazardous objects or holes, guy wires and other hidden obstacles in the ground)
- Attempt to squeeze bags to make room for more trash (injuries can result from broken or jagged objects)

# **In case of emergency:**

- · Be prepared for serious injury. Every crew should have an adequate first-aid kit
- Select an emergency room/hospital and know the route to it from the work area
- Every crew member should have transportation immediately accessible
- · Carry a cell phone

#### This brochure is also available online at www.michigan.gov/adoptahighway.

This brochure is available in alternative formats such as large print, audio tape and braille. Copies may be requested by calling 517-373-2160.

# For further information on Adopt-A-Highway:

Call the MDOT region office that serves your county.

#### **Superior Region**

Baraga, Houghton, Keweenaw, Marquette, and Ontonagon Counties: 906-485-4270 Delta, Dickinson, Gogebic, Iron, and Menominee Counties: 906-875-6644 Alger, Chippewa, Luce, Mackinac, and Schoolcraft Counties: 906-293-5168

#### North Region

Antrim, Benzie, Charlevoix, Grand Traverse, Kalkaska, and Leelanau Counties: 231-941-1986

Cheboygan, Crawford, Emmet, Ogemaw, Otsego, and Roscommon Counties: 989-731-5090

Alcona, Alpena, Iosco, Montmorency, Oscoda, and Presque Isle Counties: 989-356-2231

#### **Grand Region**

Lake, Manistee, Mason, Mecosta, Missaukee, Osceola, and Wexford Counties: 231-775-3487 Allegan, Barry, Ionia, Kent, and Montcalm Counties: 616-464-1800 Muskegon, Newaygo, Oceana, and Ottawa Counties: 231-777-3451

#### **Bay Region**

Arenac, Bay, Clare, Genesee, Gladwin, Gratiot, Huron, Isabella, Lapeer, Midland, Saginaw, Sanilac, Shiawassee, St. Clair, and Tuscola Counties: 989-754-7443

#### **Southwest Region**

Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph, and Van Buren Counties: 269-337-3900

#### **University Region**

Clinton, Eaton, and Ingham Counties: 517-335-3754

Hillsdale, Jackson, and Lenawee Counties: 517-780-7540

Livingston, Monroe, and Washtenaw

Counties: 810-227-4681

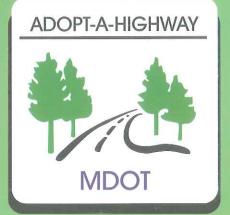
#### **Metro Region**

Macomb County: 586-421-3920 Oakland County: 248-451-0001 Wayne County: 313-375-2405 City of Detroit: 313-965-6350 Region Office: 248-483-5100

#### **Program Coordinator**

Tim Jones 517-322-3388, 517-322-2699 (fax) jonest30@michigan.gov

# Safety





Providing the highest quality integrated transportation services for economic benefit and improved quality of life.