

Confirmation Candidate and Sponsor Activity #1

GIFTS OF THE HOLY SPIRIT WORKSHEET

Candidate Name: _____

Sponsor Name: _____

Bring to your Final Interview.

Confirmed people experience a growth in the spiritual gifts of the Holy Spirit. Catholics believe that these gifts help us grow deeper spiritually, to deepen our faith and grow closer to God.

PLEASE REVIEW AND DISCUSS THE SEVEN GIFTS OF THE HOLY SPIRIT

- 1. Wisdom**
- 2. Understanding**
- 3. Right Judgment**
- 4. Courage**
- 5. Knowledge**
- 6. Reverence**
- 7. Wonder and Awe**

- **Wisdom** – Through Wisdom, the wonders of nature, every event in history, and all the ups and downs of our lives take on deeper meaning and purpose. The wise person sees where the Spirit of God is at work and is able to share that insight with others. Wisdom is the fullest expression of the gifts of knowledge and understanding.

Give an example where wisdom has helped you (or your sponsor) see God working in your life or in the world around you:

How do you think the Gift of Wisdom will help you in your life?

- **Understanding** – The gift of understanding is the ability to comprehend how a person must live her or his life as a follower of Jesus. Through the gift of understanding, Christians realize that the Gospel tells them not just who Jesus is but also who *we* are. The gift of understanding is closely related to the gifts of knowledge and wisdom.

Describe a conflicting message that our culture is giving us. How can the gift of understanding clear the confusion?

How do you think the Gift of Understanding will help you in your life?

- **Courage** – The gift of courage enables us to take risks and to overcome fear as we try to live out the Gospel of Jesus. Followers of Jesus confront many challenges and even danger – the risk of being laughed at, the fear of rejection, and, for some believers, the fear of physical harm and even death. The Spirit gives Christians the strength to confront and ultimately overcome such challenges.

Describe a time when you (or your sponsor) felt afraid of being rejected because of your faith.

Has someone ever made fun of you or ridiculed you because you are a Catholic Christian or have they spoken against a Catholic practice that you follow? How did you answer them?

How do you think the Gift of Courage will help you in your life?

- **Knowledge** – The gift of knowledge is the ability to comprehend the basic meaning and message of Jesus. Jesus revealed the will of God, his Father, and taught people what they need to know to achieve fullness of life and, ultimately, salvation. The gift of knowledge is closely related to the gifts of understanding and wisdom.

Describe a time when you (or your sponsor) has had an Ah-HAH moment where you've suddenly GOT (or really understood) something God was trying to tell you?

How do you think the Gift of Knowledge will help you in your life?

- **Reverence** – Sometimes called piety, the gift of reverence gives the Christian a deep sense of respect for God. Jesus spoke of his Father, God, as Abba, a very intimate name similar to daddy or papa. Through the gift of reverence, we can come before God with the openness and trust of small children, totally dependent on the One who created us.

Describe a time in your life (or your sponsor's life) when you really felt the presence of God in someone or something:

How do you think the Gift of Reverence will help you in your life?

- ***Wonder and Awe*** – The gift of wonder and awe in the presence of God is sometimes translated as “the fear of the Lord.” Though we can approach God with the trust of little children, we are also often aware of God’s total majesty, unlimited power, and desire for justice. A child may want to sit on the lap of his loving Father, but sometimes the believer will fall on her knees in the presence of the Creator of the universe.

Give an example of a time in your (or your sponsor’s) life where you felt wonder and awe/fear of the Lord:

How do you think the Gift of Wonder and Awe will help you in your life?
