

# Confirmation Name and Saint Report

## WHAT IS A SAINT?

A saint is someone who has been transformed by the grace of Christ and who resides in full union with God in Heaven.

## WHY DO I HAVE TO CHOOSE A SAINT?

During Confirmation, you get to choose a saint whose life symbolizes for you what it means to live as a Christian. Since you admire this person's lifestyle, you take on his or her name as a reminder of how Jesus calls you to grow in developing the same type of Christ-like attitude that that saint demonstrated in his or her life. In this way, you challenge yourself to become more Christ-like in your words and actions each day.

The saint that you choose will be your Confirmation Name that you will be confirmed with;

The Bishop will say: "*Confirmation Saint Name*, be sealed with the gift of the Holy Spirit."

## MAY I USE MY OWN NAME?

Confirmation Candidates are able to use their Baptismal Name as long as it is a recognized saint of the Catholic Church when celebrating the sacrament of Confirmation. Choosing your Baptismal Name demonstrates the connection between the sacraments of Baptism and Confirmation.

## WHAT ARE THE QUALITIES THAT I SHOULD LOOK FOR IN A SAINT?

Take time to notice how these people loved. How did they work for peace? Who served the needs of the poor and the oppressed? Who sacrificed for the benefit of others? Who showed compassion? Who demonstrated gentleness? Who really did go the extra mile in bringing Christ's presence into the lives of others? These are just a few of the questions that you might ask about these people who allowed Christ's love to flow through themselves out towards other people. Please contact the Parish Office if you would like to use a person who is a Blessed – ie Blessed Pierre Giorgio Frassati.

## WHAT DO I NEED TO DO ONCE I HAVE CHOSEN A SAINT?

Confirmation Candidates will type a Saint Report on his/her saint that they have chosen.

## WHAT DO I NEED TO INCLUDE IN MY SAINT REPORT?

1. Parent Signature. Parents are informed as to the name you will be confirmed with. A parent must sign the report.
2. Saint's Name and feast day.
3. What the saint is specifically honored for and what is he/she the patron of?
4. What aspect of the saint's Christian life attracted you; include how the saint is a role model for you?
5. Of the seven gifts of the Holy Spirit, which gift is most exemplified in this saint's life?
6. How would you develop this gift in your life?
7. How and why does this saint inspire you to be a disciple of Christ?

## WHEN DO I NEED TO COMPLETE MY SAINT REPORT?

The due date is your Final Interview. Bring your Saint Report to your Final Interview!

## WHERE CAN I FIND SAINTS THAT THE CATHOLIC CHURCH RECOGNIZES?

Attached is a starting point in looking for your saint name. You can use these websites to explore the lives of different saints: [www.catholic.org/saints/](http://www.catholic.org/saints/) [www.americancatholic.org](http://www.americancatholic.org)

\*\* Please note the internet is a great resource to find information on the saints, however some sites contain incorrect information – be careful!

The Parish Office also has many resources on saints!!!