

Peanut/Tree Nut Safe Snack List

***Snacks must not be made with nuts or manufactured in a plant with nuts. The best way to reassure that a snack is safe is to READ LABELS. Most brands will mark their packaging with an allergen list or a warning. Always read labels before sending snacks to school because labels do change!**

Fruits/Veggies

Apples
Bananas
Baby carrots
Oranges
Watermelon
Cucumber
Tomatoes
Grapes
Strawberries
Cantaloupe
Cherries

Snack Crackers/Other Options

Pepperidge Farm Goldfish
Cheese Nips
Cereals- plain Cheerios, Fruit Loops, Apple Jacks, Lucky Charms, Captain Crunch(regular)
Fruit snacks-Betty Crocker, Target brand, Annie's Organics
Teddy Grahams
Nilla Wafers
Oreos-Regular, Double Stuff, Golden Yellow
Premium Saltines
UTZ brand Cheese Balls, Pretzels
Honey Maid Graham Crackers
Jell-O Pudding Cups and Gelatin
String Cheese
Popcorn- Pop Secret, Act II, Orville Redenbacher
Pop Tarts-Fruit flavors
Marshmallows (Kraft)

Chips

Cheetos, Doritos, Fritos, Pringles, Tostitos, Lays, Baked Lays (Name Brand)
NO Zapps or other chips cooked in peanut oil

Candy

All Tootsie Roll brand candies

All Jelly Belly brand candies

Dubble Bubble brand

Skittles, Starburst, Spree, Blow Pops, Air Heads, Smarties, Nerds, Laffy Taffy,
York brand peppermint patties, Hershey Kisses (plain only), Junior Mints, Sweet Tarts,
Swedish Fish (Name brand only)

Cake/Brownie Mix

Betty Crocker Super Moist-Butter Recipe Chocolate, Butter Recipe Yellow, White,
Devil's Food, Party Rainbow

Betty Crocker Brownie Mix- Fudge Brownie, Milk Chocolate

Betty Crocker Icing-White, Cream Cheese, Milk Chocolate

Pillsbury Moist Supreme Cake Mix, Funfetti

Pillsbury Icing- Funfetti, White, Chocolate, Strawberry

No Break and Bake cookies, No refrigerated cookie dough

Only cookie dough mixes in bags-read label on back

*****Wal-Mart now carries pre-baked cookies and cupcakes that are made in a Nut Free Facility. They are located in or around bakery.**

If anyone has any questions you can call or text me at:

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