

Archdiocese of Newark Office for Youth & Young Adult Ministry
Essex County CYO Basketball League Specific Rules
3rd/4th grade, 5th/6th grade and 7th/8th grade Divisions
2018-19 season
As of November 9, 2018

ROSTERS

MINIMUM # of players are required to enter a team in any division will be 8 players. ONLY an exception may possibly in fact be granted by the OYYAM.

GAME TIMING

- A game will be considered a forfeit if one of the teams does not have enough players to start a game by 10 minutes after the scheduled start time. If both teams are present and both coaches agree a game can start earlier
- Any team that forfeits/withdraws from a game LESS THAN 24 hours prior to the game time is responsible for paying both referees WHETHER OR NOT the game is to be made up.
- Five players are required to start a game. Once the game is started, the game will continue despite the loss of eligible player(s) until a team has just one eligible player remaining.
- All divisions will play four (4) quarters of eight (8) minutes stop clock.
- Half time shall be five (5) minutes, if time permits.
- One (1) minutes between quarters
- Overtime shall be 3 minutes with the clock stopping on all whistles. If teams are still tied after the second overtime, the game is recorded as a tie for both teams.

Section 6: “All Play Rule”

The “All Play Rule” guarantees each young person that sits on a team’s bench at a game is guaranteed a **minimum** amount of playing time for the entire season. The season is defined as Regular Season, Playoffs and Championships. This is for all Grammar and High School CYO Sports.

The ONLY exception to the All Play Rule would be if in fact a player has a pre-known medical condition that would reduce the amount of time that a player could in fact possible play. This pre-known medical condition would in fact need to be conveyed to the OYYAM office prior to the start of the first scheduled game of that sport **OR** if in fact the player is injured during the course of the game.

For BASKETBALL

In basketball the minimum playing time for all eligible players on a team's bench is that they are to play at a minimum the time equal to that of one quarter's length over the course of a game.

At the ½ point of the 1st and 2nd quarters during the **first half only**, the clock will stop at the first "dead ball" nearest the mark for substitutions to take place. A referee may stop play at an appropriate time to initiate substitutions.

Coaches must have their substitutions already determined for a quick substitution. **This is not a timeout, this is just to sub.** If the official feels that it is taking too much time, he may charge the offending team a time out. Free substitutions are permissible throughout the ENTIRE GAME.

The coach is NOT required to substitute players during the stoppages in the first half, but encouraged. The coach IS NOT required to play ALL their players in the first half. The stoppage of play in the first half is being implanted to give coaches an opportunity to meet the requirement of having all the players play a minimum of one quarters length per game.

Regardless of substitutions all players in uniform on a team's bench must in fact play the minimum of one quarter's length over the course of a game.

If in fact a team feels the opposing team violated this rule, they must in fact have concrete evidence and be able to validate their claim. It must be brought the attention of the head referee and marked in the score book. The league coordinator must then be contacted.

VIOLATION OF THE ALL PLAY RULE FOR ALL SPORTS

Athletic Directors, Pastors or Principals shall monitor their program's coaches for compliance in regard to the All Play Rule. Violation shall be a breach of the spirit of CYO Sportsmanship and the following penalties shall be imposed;

- 1) This rule serves as your warning.
- 2) 1st offense results in a forfeit of the game.
A one (1)-game suspension of the teams Head Coach for the teams next game.
Should the infraction occur on the last day of the season then the suspension will carry over till the next season.
- 3) 2nd offense results in a forfeit of the game.
Head Coach is suspended for the remaining season. If the offense should occur on the last day of the season, the suspension will carry over to the next season.
The team is disqualified for the playoffs

COACHING

Each team is only permitted to have 4 (four) coaches sitting on their team bench. Only the HEAD COACH is allowed to stand within the coaches box. Assistant Coaches must sit at the head of the bench unless they are giving medical care to a player.

PRESS RULE

3rd & 4th Grade Boys and Girls

Full court press is allowed during the last minute of the 4th quarter, unless a team is up by 10 or more points, then it is not allowed. The same rule will apply to the two potential overtime periods.

5th & 6th Grade Boys and Girls

A full court press will be allowed for the last 4 minutes of the 4th quarter only unless one team leads the other by **15 or more points**. Once the lead **drops below 10 points** the press can be reinstated. The defensive team ahead by **15 or more points** must allow the offensive team to get over half court. The trailing team may still press. In Overtime full court press is allowed for the entire period unless one team leads the other by 15 points.

7th & 8th Grade Boys and Girls

A full court press will be allowed for the entire game unless one team leads the other by **15 or more points**. Once the lead **drops below 10 points** the press can be reinstated. The team ahead must then drop back to at least the division line (half court). The defensive team ahead by **15 or more points** must allow the offensive team to get over half court. The trailing team may still press. The same rule will apply to the two potential overtime periods.

FOR ALL DIVISIONS (3rd/4th, 5th/6th, 7th/8th)

Back Court Pressure – all teams will be allowed one warning from the officials for intentionally pressuring their opponent in the back court. The second offense will result in a team technical foul and loss of the ball.

SCORING

3rd and 4th grade level

No 3 point shots will be counted. Any shot taking behind the 3 point line will count for 2 points. All teams are to keep scoring to within 20 points. Any 3rd/4th grade team that wins by 20 points or more is subject to the lopsided score rules and guidelines.

5th/ 6th and 7th and 8th levels

If the gym in which you are playing has a 3 point arc, it will be used and the 3 pointer will be counted. No imaginary lines will be permitted.

NO dunking is permitted during warm ups and the game. A technical foul will be assessed.

Teams are to keep scoring to within 25 points. Any JV/Varsity team that wins by 25 points or more is subject to the lopsided score rules and guidelines.

For All Divisions that go over the allowed score per game

-the Coaches of BOTH teams are to fill out a Lopsided Report Form and submit it to the County League's Sport Specific Coordinator within 24 hours of the games conclusion.

The first time a team has a lopsided score a Lopsided Report must be filled out and the Programs AD is given a warning. The AD should have a conversation with coaching staff to ensure this does not happen in future games.

The second time a team has a lopsided score a Lopsided Report must be filled out and the coaches of the team are suspended for 1 game

The third time a team has a lopsided score a Lopsided report must be filled out and the coaches are banned for the remainder of the season. The season being regular season games, playoffs and championships.

OFFICIALS FEES

No Referees are to be paid at games. The League Assigner of Officials will bill each program accordingly for all league games.

For 3rd/4th, 5th/6th, and 7th/8th - Two referees per game - \$45 per official. Each program will be billed for the payment of one official for each game. No Referees are to be paid on site at a game.

LINEUP CARDS/SHEETS

Coaches must give a copy of the game lineup sheet to the opposing team and/or official scorer prior to the start of the game. This gives you more time to coach.

A scoreboard and scorebooks will be used from start to finish. The Home team will be the official book. All teams are to hand the official scorer at the table a copy of your game roster. The game roster will have all your players' full names and uniform numbers on it so it can be transferred into the official scorebook. Failure to comply may deem the coach unsportsmanlike.

Coaches are to have a copy of their submitted League roster with them at all times in case a question comes up regarding a player.

TIME OUTS

There will be three 60 second timeouts and two 30 second timeouts per game, which can be carried over to overtime. An additional, full 60 second timeout will be granted for every overtime period. No cheerleaders are allowed on the court for a cheer during a 30 second timeout.

FOUL SHOTS**3rd and 4th grade level**

Shooter must start at the foul line and are allowed to go over the line. However if you go over the line you cannot be the first player to touch the ball.

5th/6th and 7th and 8th grade level

All foul shots must be attempted from behind the foul line. The shooter cannot charge the basket until the ball hits the rim or the backboard in order to go for a rebound. He or she does not have to wait until it touches another player

FAST BREAK LIMITATIONS**3/4th grade level**

Fast breaks are allowed, except that NO fast breaks of any kind are allowed if a team is up by 10 or more points. In the event that a team is in a fast break, the opposing team is allowed to play defense to slow down or stop the fast break. The defensive team may steal the ball during a fast break.

5th/6th and 7th and 8th grade level

There are no limitations on Fast Breaks. However, if a team is considerably dominating an opponent then common sense and fair play should prevail with the coaches to limit the amount of fast breaking that a team does.

GAME BALL

The use of the small youth or women's ball (28.5") is mandatory for all GIRLS Divisions, and for 3rd and 4th grade Division games.

A full size ball (29') must be used for the BOYS 5th/ 6th and 7th and 8th division games.

The Home Team will provide a game ball for each game. The balls must be an official NFHS Wilson Evolution Game Ball

Players or fans should not be bringing personal basketballs to the gyms. ONLY THE COACH should bring team balls for the teams to practice with. We want to avoid a safety issue with balls rolling onto the court during the games.

Fans ARE NOT to be playing on the court during any stoppage in play or between quarters/ halftime etc.

PRE GAME

Before each game begins it is **MANDATORY** that both teams gather at center court and the following take place :

A Pre Game Prayer is to be led between both programs and all the coaches . The HOME team should lead this.

The Referee is to review the Anti Taunting Rule which includes ...

- There will be NO tolerance for negative statements or actions between opposing players and coaches. This includes taunting, baiting, berating opponents, "trash talking" or actions which ridicule or cause embarrassment.
- Any verbal, written or physical conduct related to race, gender ethnicity, disability, sexual orientation or religion shall NOT be tolerated, could subject the violated to ejection and may result in penalties being assessed against your team.
- If such comments are heard a penalty will be assessed immediately. We (the officials) have been instructed NOT to issue warnings. It is your (coaches) responsibility to remind your team of this policy.