Guidebook of Apostolates and Ministries
Letter from the Pastor

Dear Parishioners,

Since 1909 Holy Rosary has been a vital part of the West Seattle community. Our mission now is the same as it has always been – to grow as disciples of Jesus Christ and help others to do the same, as we grow in love of our God and one another. This guidebook provides you with a list of some of the ways that you can fulfill this mission in and through our parish ministries and apostolates, whether within our Sunday worship, through various communities of faith or in service to one another or our neighbors. It would not be possible to accomplish our mission without the participation of each and every member sharing their own God-given gifts and talents to build up our community. Like the Apostles themselves, we too have been sent forth into the world to share with one another the kindness and love of Jesus. I thank you for your generosity and faithfulness to the mission given to the Church by Jesus Christ, as we strive to grow in faith together.

In Christ,
Fr. Matthew Oakland

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Liturgy and Prayer

Contact: Paul Dolejsi 206-935-8353 x204
pdolejsi@holyrosaryparish.org

Sacristans
Sacristans are entrusted with the work preparing the Church and the Sanctuary for Mass for Sunday or daily Masses. They are the first to arrive, and set out everything that will be needed for the celebration of the Holy Mass. They assist in cleaning up afterwards, as well.

Hospitality
It is important that we welcome people to church. This is the primary role of Hospitality ministers, sometimes called ushers or greeters. They also provide for the good order of the Mass, assisting with taking up the collection and distributing bulletins after Mass.

Altar Servers
Altar servers assist the priest during the Mass. As St. John Paul II said to some young servers, “Your commitment to the altar is not only a duty but a great honor, a true holy service.” Adult servers act as Masters of Ceremonies guiding the servers.

Lectors
Lectors proclaim the Word of God at Mass. They should have a love of the Sacred Scripture and an ability to speak in front of others. Given their role in the Liturgy, lectors must be fully initiated Catholics (Baptism, Eucharist and Confirmation).

Extraordinary Ministers of Holy Communion
EMHCs help the priest distribute Holy Communion to the faithful. This is the most sacred of all ministries, and requires a deep faith in and reverence for Jesus’ presence in the Eucharist. Given their role in the Liturgy, lectors must be fully initiated Catholics (Baptism, Eucharist and Confirmation).

Prayer Ministry
United with one another by lifting up submitted petitions.
Contact: prayers@holyrosaryseattle.org
Music
Holy Rosary has six choirs: the three choirs for the Masses, plus a children and junior high choir, as well as a newly formed handbell choir which rang out for Christmas Eve and Easter. There are also an assortment of pianists, organists and other instrumentalists. As St. Augustine said, “the lover sings,” and each week our musicians raise their voices in praise of God, assisting the assembly to do the same as well. No musical experience is required. Contact: Paul Dolejsi.

Bus Ministry
Some of our senior citizens can’t drive, and so we pick them up each Saturday evening for the 5:00pm Mass. No prior experience or special license is needed and it is a great way to meet some of our golden parishioners. Contact: Ted Krembs, paa@holyrosaryseattle.org

Homebound Ministry
Each week we gather to celebrate the Holy Mass. But some members of our community aren’t able to come because of illness, infirmity or age. As such, these individuals arrange a time each week to visit one or two people and to take them Holy Communion. This is a ministry of presence as well. These individuals will be trained as Extraordinary Ministers of Holy Communion and must meet the same requirements, even if they do not assist at Masses. Contact: Ruth Reiser, reiserclan@hotmail.com or 425-442-0212

Altar Society
Every Friday individuals prepare the church for the weekend Masses, cleaning the altars, the candles and straightening up. Contact: Bernice Bouker, 206-932-7516

Flowers and Decorations
Every Friday morning rotating volunteers prepare our beautiful flowers adorning the sanctuary and the church. They are assisted for the and seasons of the year by a group charged with the special decoration of the church. Flower Contact: Diane Lorella, herrbackyardgarden@yahoo.com Decorations Contact: Judi Qualy-White, qualywhite@comcast.net
Faith Formation, Growth and Nourishment

Successful completion of a background check and the Safe Environment Program are required for all ministries with children and vulnerable adults.

Faith Formation—Preschool
Class for Preschool 3 and 4 year olds are held on Sunday mornings (10:30-11:30 a.m.) from September to June. Parish Adults/High School aged volunteers teach the sessions. The skills needed for this ministry are a desire for and love of working with young children in the area of faith formation. A user-friendly program is in place, along with a variety of other materials.
Contact: Sr. Stella Abellon, srstella@holyrosaryseattle.org

Faith Formation—Elementary and Junior High
Classes are held for children grades K through 8 on Sunday mornings (9:30-10:30a.m.) from September through June. A desire to work with young children in passing on the faith is a definite requirement in this ministry. User friendly program materials are used to assist the volunteer teachers who lead each class. Volunteers are also needed for administrative, behind the scenes preparation work.
Contact: Sr. Stella Abellon, srstella@holyrosaryseattle.org

Nursery
Holy Rosary Parish offers childcare during our Sunday 8:30am and 10:30am Masses, as well as during some faith formation events. We have two paid caregivers who are background checked, SEP and 1st Aid certified and are fantastic taking care of children. We do welcome 7th and 8th grade student volunteers who have received SEP class.
Contact: Deyette Swegle, 206-937-1488 x251 or dswegle@holyrosaryseattle.org
Infant Baptism
Volunteers are welcome to help as Baptism Greeters to assist the families during their child’s Baptism either at Mass or during Communal Baptisms held Saturday mornings. They help with set-up and walk families through the rite. The time commitment is typically once a month at certain Masses or Saturday mornings. There are also classes one Saturday morning a month to help baptism families and godparents understand better how to help their children live as disciples and understand the Rite of Baptism rituals and meaning.
Contact: Deyette Swegle, 206-937-1488 x251 or dswegle@holyrosaryseattle.org

First Reconciliation/Eucharist
Each year Holy Rosary prepares young parishioners (usually in the second grade) to receive these great Sacraments. Volunteers assist with Family Learning Classes, assisting parents as they teach their children. We also need volunteers for the Banner Social. There are also administrative and hospitality opportunities. Children Contact: Sr. Stella Abellon, 206-935-8353 x252 or srstella@holyrosaryseattle.org

Confirmation
The Gift of the Holy Spirit is essential to our lives as we strive to follow Jesus Christ. Each year, we have two programs, one for high school teens and another for adults, to assist parishioners in their preparation for this Sacrament. There are opportunities to assist with these programs, in particular with hospitality or as a catechist if so qualified.
Youth and Adult Contact: Robert King, 206-935-8353 x203 or evangelization@holyrosaryseattle.org
Rite of Christian Initiation for Adults
Each year Holy Rosary prepares interested children (7 years and older) and adults for the sacraments of initiation: Baptism, Eucharist, and Confirmation. This is a very rich ministry and a year of catechist “apprenticeship” to learn the program which helps volunteers in this ministry to understand the depth of the Rites and Sacraments. These classes are for those individuals who desire to become Catholic, or who were baptized Catholic but need to complete their Sacraments. Sponsors for our candidates are also needed.

Children Contact:  Sr. Stella Abellon, 206-935-8353 x252 or srstella@holyrosaryseattle.org
Adult Contact:  Robert King, 206-935-8353 x203 or evangelization@holyrosaryseattle.org

Children’s Liturgy of the Word
During 10:30 a.m. Sunday Mass elementary school age children are dismissed after the opening prayer to celebrate the Liturgy of the Word appropriate for their age level and return to Mass following the homily. Children are divided into three groups according to their school grade and each group is assigned a leader:

Group 1 – Preschool & Kindergarten
Group 2 – 1st & 2nd Grade
Group 3 – 3rd, 4th & 5th Grade

No Liturgical experience or training is necessary, only a commitment to serve as a CLOW leader or assistant at the 10:30 a.m. Mass once or twice a month. Prepared materials are used each week for the Sunday’s readings and guided discussion. Safety persons are also needed to insure a safe crossing of the street. Leaders, assistants and safety persons are needed to allow this ministry to flourish.
Contact:  Sr. Stella Abellon, 206-935-8353 x252 or srstella@holyrosaryseattle.org
Women with Purpose *(formerly Walking with Purpose)*
Women with Purpose is a weekly fellowship and study group that helps women connect with their faith and prayer life while finding hope and encouragement from other women in their Parish. Through personal study and small group discussions, the women learn to link everyday challenges and struggles to solutions given to us through the teachings of Christ and the Church. Women with Purpose is offered *Wednesdays, 7:15pm-9:00pm (no childcare) and Friday mornings, 9:15am-11:00am (childcare offered).* We rely upon volunteer small group leaders to help lead discussions, and individuals to help with hospitality. Contact: Deyette Swegle, 206-935-8353 x251 or dswegle@holyrosaryseattle.org

Women’s Spirituality Group
The Women’s Spirituality Group is a group of women who come together the first and third Wednesdays of each month at 5:30 pm to share our spirituality, faith and our relationship with Jesus. We are not a scripture study group, a theology group or a book club. Rather, we use a variety of books and on occasion audio CDs or DVDs to assist us in looking deeper within ourselves, in recognizing God’s presence in our daily life and to deepen our relationship with God. Women of all ages are welcome.
Contact: Virginia Radel, 206-658-3680 or vlr.mc@comcast.net

Men’s Group
A group of men gathers every Saturday morning at 7 a.m. in the Parish Center for one hour. We come from many backgrounds, but what we all have in common is a desire to deepen our relationship with God through Jesus Christ and the Church. At a typical meeting we pray for each other's intentions and discuss a few chapters from a book we have chosen to help us on our spiritual journeys. Over the years we have read books by C. S. Lewis, Richard Rohr, Ron Rolheiser, James Martin, and many others. Newcomers are always welcome!
Contact: Mike Quinn, michaelq02011@gmail.com
League of the Sacred Heart
Prayer is the primary aim of the League. On the first Friday of each month, as the Church honors the Sacred Heart of Jesus filled with love for us, members attend Mass and gather in the afternoon for a short meeting and prayer. Membership is open to all. Contact: Marie Miller, 206-932-7750

Young Adult Group
This group is dedicated to growing friendships and connecting parish members in their 20s and 30s. We are always looking for members to help plan and host events: including prayer, socializing, serving our neighbors, and/or learning about the faith. Have fun while helping other young adults connect to our community. Contact: youngadults@holyrosaryseattle.org

Senior Ministry
Seniors and "Seniors In Trailing" host a weekly Breakfast / Coffee Hour after Mass on Tuesday mornings in the Parish Center enjoying each other company, and friendship, as well as, news about local happenings and the Parish Community. In addition Monthly Trips and Meals are planned for those who wish to participate. There are plenty of opportunities to just join in. Check us out!
Contact: Jim Farris 206-226-2572 or email farrismej@aol.com

Boy Scouts
Cub Scouting welcomes ALL boys from the first through the fifth grade to participate. The year-round program focuses on character development, good citizenship, outdoor skills and awareness, fitness, and leadership and life skills through a wide variety of events and activities. Pack 793 has been in continuous operation since 1955 and is still going strong. The den and pack meetings are held at Holy Rosary School. For more information, or to join, see the website, www.Pack793.com.
Contact: Cubmaster Eddie Osten, 206-371-3467 or eosten@outlook.com
Holy Rosary School: Spirit and Mind Ignited
Founded just four years after the start of the parish, since 1913 the school has been one of the primary ways that the parish lives out its mission each and every day.

The mission of Holy Rosary School is to help each child discover and understand that they are a beloved child of God, who calls them to be with Him forever. Helping them to follow Jesus Christ, our program aims not merely at academic excellence but seeks the intellectual, human, spiritual and apostolic development of the whole child. As they learn to be good citizens of the Kingdom of Heaven, the children also learn to love and serve one another and their community—locally, nationally and beyond.

Served by a dedicated staff, the school relies upon countless volunteers to undertake this herculean task for the 450+ children entrusted to our care.

General Information/Volunteering: Principal Anna Horton
ahorton@holyrosaryws.org
Admissions: Jennifer Kokkonis
admissions@holyrosaryws.org
Endowment/Development: Beth Martin
bmartin@holyrosaryws.org
Outreach

**St. Vincent de Paul**
Offering person-to-person service to the poor in our area regardless of race, religion, age or gender, SVDP also hosts larger initiatives to collect and/or distribute goods and food to those in need through food drives and Lunches of Love. SVDP meets on the 1st Tuesday of each month at 6:30pm in the Parish Center.

Contact: David Sherwood, 206-938-1766 or sherwooddavid@comcast.net

**Shoulder to Shoulder**
We are 150+ parishioners of Holy Rosary who help one another. When one of us is ill, grieving, homebound, facing an unexpected crisis, struggling to get by, or living independently over age eighty--we work together, shoulder to shoulder. This is the gift of our community. If you are a registered parishioner, request an invitation to our private group at https://www.letsgroopit.com/shoulder to be a part of this vital community.

Contact: shoulder@holyrosaryseattle.org

**Voices for Life**
Meeting every Tuesday evening, this group focuses on educating themselves and teaching others about the inherent dignity of all human life from natural conception to natural death. The first meeting of the month is always a time of adoration.

Contact: Karen Robel, 206-999-5027

**Community Meal**
Hosted on the 3rd Thursday of the month at Our Lady of Guadalupe, 3-4 times a year Holy Rosary hosts the Community Meal, feeding 150 neighbors and those in need. Volunteers assist with buying, preparing, serving or cleaning.

Contact: Amy Serabia, amym3@mac.com or 206-932-1636
Service to YouthCare Homeless Teens
On the first Thursdays of every month, we cook and deliver a meal to homeless teens at the Jackson Street Youth Shelter, a program under the umbrella of YouthCare. This ministry serves a specific youth population: teens who have committed to continuing in school or working a job. The staff provides semi-permanent living space, stability and support to help these young people pursue and achieve their goals, away from street life. We are proud to support them, and often include items like toiletries, socks, razors, second-hand clothing and backpacks with our meal deliveries. Contact: Pamela Leptich, pmleptich@outlook.com

St. Martin de Porres Sandwiches
Every first Tuesday of the month the team makes 300 sandwiches, which are then delivered to the men’s shelter downtown.
Contact: Susan Strmich, 206-932-8647

Soup Kitchen
The first two Thursday mornings every month volunteers gather for a couple of hours after morning mass to prepare homemade soup for the Lazarus Day Center. Some assist with preparation of the ingredients (that the first graders donate), others are cooking and still others deliver the soup to its destination. A very rewarding opportunity to feed the hungry. Volunteers are always needed and welcome.
Contact: Chris Dormaier, chrisdormaier@aol.com

God’s Green Earth
Once a month the designated volunteer purchases, sorts and bags fresh fruits and vegetables which are taken to the Lifelong AIDS Alliance to distribute to their clients.
Contact: Gina Formea, gmf@quidnunc.net
**Clothesline**
Volunteers fold and sort the clothes donated by parishioners and deliver them to the Clothesline center to help those in need. Contact: Celeste Lenth, bclenth@quidnunc.net

**Habitat for Humanity**
Habitat for Humanity has a variety of volunteer opportunities, from working on a construction site to helping in a Habitat Store or providing office support. Contact: Vince Stricherz, 206-935-7430 or vinces99@comcast.net

**Holy Rosary Women’s Shelter**
On Saturday and Sunday nights, from the end of September through June, Holy Rosary hosts 10 women, providing safe shelter. Two volunteers (women, a mother daughter (16 or older) team, or a couple) act as hosts each night. A volunteer driver (male or female) picks up the women from the Noel House in the evening in the parish bus and takes them back in the morning. Hospitality volunteers provide an healthy hearty evening snack. Still others help clean the space or stock supplies. This is an important ministry, and our volunteers make it possible to serve those in need in this way. Contact: shelter@holyrosaryseattle.org

**International Missions**
Our Missions program, consisting of funding projects and traveling to the sites to continue the personal relationships, helps efforts in the Philippines through our relationship with the Carmelite Sisters of Our Lady of the Philippines; in Kenya through our relationship with Fr. Dunstan Epaalat and to Uganda through our relationships with the Daughters of Mary and Fr. Charles Ssenteza. Projects have included building schools, medical clinics, water storage and tuition fees for kids. Contact: Tim Law, (206) 412-0165 or timalaw@aol.com
Hospitality and Office Administration

Coffee and Donuts
After all Masses on Sunday mornings, there is an opportunity for parishioners to meet and get to know each other and share in one another's’ lives. This requires stocking supplies, picking up the weekly order or helping serve during after one of the Masses. Contact: Stacey Smithberg (206) 427-5082

Funeral Receptions
Supporting families during a time of grief is an act of mercy. Come and help setup, serve or cleanup. Contact: Melissa Tuthill, 206-935-8353 or mtuthill@holyrosaryseattle.org

Office Administration

The parish office is constantly buzzing as the staff oversee programs and assist parishioners. Volunteers are essential to their work. Some come weekly, others help every other week or still others on an as-needed and able basis.

Bulletin Stuffers: Friday mornings (about 2 hrs)

Collection Counters: Background check reqd. (about 2 hrs)

Mailings: Several times a year (about 3-4 hrs)

Front Desk: Greet visitors and answer phones while the administrative assistant is away on leave

Data Entry: Several times a year (time varies)

Contact: Melissa Tuthill, 206-935-8353 or mtuthill@holyrosaryseattle.org
Councils & Committees

**Pastoral Council**
Our mission is the same as it always has been since Christ founded the Church—to proclaim the Gospel and help lead others to Jesus Christ. That takes many forms as seen in the many ministries and apostolates present at Holy Rosary Parish. But where do we need to grow most as a community? What needs bolstering, what needs creating, and what would we like to focus on or emphasize? In 2019/20, Holy Rosary will undertake putting together a Strategic Plan to guide the short term future of our community. If you are interested in assisting in this process, Contact: planning@holyroaryseattle.org

**Finance Council**
The Finance Council assists the pastor by providing fiscal oversight and input for the stability and sustainability of the parish. The council meets on the third Tuesday of most months. Chair: Michael Burke, chicagoburke@gmail.com

**Facilities and Maintenance Committee**
FAMCOM assists the pastor by reviewing the maintenance and capital improvements necessary to ensure the good working of our entire campus. They provide their professional wisdom and skills. FAMCOM meets on the second Tuesday of most months. Chair: Ken Tews, twotews2004@yahoo.com

**Social Justice Committee**
The Social Justice Committee assists the pastor by aiding our various service ministries as needed and looking at the bigger picture of fulfilling the commands of Jesus Christ to serve one another. The SJC meets on the first Tuesday of most months. Chair: Tony Fragada, tfragada@yahoo.com

**Liturgy Commission**
The Liturgy Commission assists the pastor through the coordination of the Sacred Liturgies and training of ministers at Holy Rosary Parish. The Commission meets on the last Tuesday of most months. Chair: Ruth Reiser, reiserclan@hotmail.com
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