



Monday	Tuesday	Wednesday	Thursday	Friday
4/29/19 Ravioli with Whole Grain Roll or Chicken Nuggets with Whole Grain Roll Featured Veggies: Green Peas Red Pepper Strips Choice of Fruit Choice of Milk	4/30/19 Toasted Cheese Sandwich or Nachos Grande Tortilla Chips Featured Veggies: Baked Beans Tomato Soup Choice of Fruit Choice of Milk	5/1/19 Ribby Sandwich On a wg Roll or Mac and Cheese with Whole Grain Roll Featured Veggies: Stewed Tomatoes Cole Slaw Choice of Fruit Choice of Milk	5/2/19 Sausage Egg and Cheese On a wg Biscuit or Chicken Patty On a wg Bun Featured Veggies: Potato Triangle Carrot Sticks Choice of Fruit Choice of Milk	5/3/19 Corn Dog or Cheesy Pizza Featured Veggies: Red Pepper Strips Green Beans Choice of Fruit Choice of Milk
Weekly Featured Wrap Chicken Caesar				
5/6/19 Meatball Sub On a wg Bun or Hot Dog with Whole Grain Roll Featured Veggies: Curly Fries Red Pepper Strips Choice of Fruit Choice of Milk	5/7/19 Chicken Patty On a wg Bun or Nachos Grande Tortilla Chips Featured Veggies: Baked Beans Carrot Sticks Choice of Fruit Choice of Milk	5/8/19 Cheeseburger On a wg Bun or Pierogies Featured Veggies: Corn Fresh Cucumber Slices Choice of Fruit Choice of Milk	5/9/19 Cheesesteak with Whole Grain Roll or Popcorn Chicken Gen Tso with Whole Grain Rice Featured Veggies: Steamed Broccoli Carrot Sticks Choice of Fruit Choice of Milk	5/10/19 Chicken Nuggets or Cheesy Pizza Featured Veggies: Carrot Sticks Green Beans Choice of Fruit Choice of Milk
Weekly Featured Wrap Chicken Bacon Ranch				
5/13/19 Mac and Cheese with Whole Grain Roll or French Toast Sticks With Sausage Patty Featured Veggies: Potato Triangle Fresh Broccoli Choice of Fruit Choice of Milk	5/14/19 Chicken Quesadilla or Nacho Grande Tortilla Chips Featured Veggies: Baked Beans Carrot Sticks Choice of Fruit Choice of Milk	5/15/19 Cheeseburger on a wg roll or Hot Dog on a wg bun Featured Veggies: Curly Fries Carrot Sticks Choice of Fruit Choice of Milk	5/16/19 Chicken Patty On a wg Bun or Sloppy Joe with Whole Grain Roll Featured Veggies: Cucumber Slices Baked Potato Choice of Fruit Choice of Milk	5/17/19 Hot Ham & Cheese on a pretzel Roll or Pizza Sticks Featured Veggies: Red Pepper Strips Green beans Choice of Fruit Choice of Milk
Weekly Featured Wrap Ham and Cheese w/ lettuce and tomato				
5/20/19 Turkey Sub or Chicken Nuggets with Whole Grain Roll Featured Veggies: Carrot Sticks Tater Tots Choice of Fruit Choice of Milk	5/21/19 Hot Dog On a wg Bun or Nachos Grande Tortilla Chips Featured Veggies: Baked Beans Italian Salad Choice of Fruit Choice of Milk	5/22/19 Chicken Patty On a wg Bun or Chicken Alfredo Over Penne Featured Veggies: Red Pepper Strips Steamed Broccoli Choice of Fruit Choice of Milk	5/23/19 Meatball Sub On a wg Bun or Cheesy Pizza Featured Veggies: Red Pepper Strips Fresh Broccoli Choice of Fruit Choice of Milk	5/24/19 Early Dismissal
Weekly Featured Chicken Salad				
5/27/19 No School	5/28/19 Ravioli with Whole Grain Roll or Nachos Grande Tortilla Chips Featured Veggies: Baked Beans Fresh Cucumber Slices Choice of Fruit Choice of Milk	5/29/19 Corn Dog or French Toast Sticks with Sausage Featured Veggies: Potato Triangle Red Pepper Strips Choice of Fruit Choice of Milk	5/30/19 Chicken Nuggets or Mac & Cheese Featured Veggies: Carrot Sticks Green Beans Choice of Fruit Choice of Milk	5/31/19 Cheeseburger On a wg Bun or Cheesy Pizza Featured Veggies: Red Pepper Strips Fresh Broccoli Choice of Fruit Choice of Milk
Weekly Featured Chicken Salad				
6/3/19 Chicken Patty On a wg Bun or Ziti & Meatballs with Whole Grain Roll Featured Veggies: Cucumber Slices Steamed Broccoli Choice of Fruit Choice of Milk	6/4/19 Nachos Grande Tortilla Chips or Chef's Choice Featured Veggies: Baked Beans Italian Salad Choice of Fruit Choice of Milk	6/5/19 Chicken Nuggets with Whole Grain Roll or Chef's Choice Featured Veggies: Red Pepper Strips Steamed Corn Choice of Fruit Choice of Milk	6/6/19 Cheesy Pizza or Chef's Choice Featured Veggies: Carrot Sticks Green Beans Choice of Fruit Choice of Milk	6/7/19 No School out for Summer!

### What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread

Choice of Milk - 1% white, chocolate, vanilla and strawberry

### Weekly Vegetable

#### Subgroups May Include:

Dark Green - spinach, broccoli, romaine and spring salad  
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers  
Legumes - beans and peas  
Starchy White - potatoes, corn, peas and lima beans  
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

### Daily Fruit Selections

#### May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

### Leave Your Lunch at Home

Daily entrée options may include:

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Garden Salad with Whole Wheat Roll

Ham & Cheese Sandwich



Logo of the

Student Paid Lunch \$2.85

Student Reduced Lunch \$0.40

Adult Lunch \$3.85

General Manager Mike Phone Number 717-856-3074

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Menu is subject to change

This institution is an equal opportunity provider