

Monday	Tuesday	Wednesday	Thursday	Friday
4/1/19	4/2/19	4/3/19	4/4/19	4/5/19
Hot Dog On a wg Bun or French Toast Sticks with sausage patty	Chicken Fajita or Nachos Grande Tortilla Chips	BBQ Ribby On a wg Roll or Chicken Nuggets with Whole Grain Roll	Cheese Steak On a wg Roll or Chicken Patty On a wg Bun	Pierogies or Cheesy Pizza
Featured Veggies: Tater Tots Carrot Sticks Choice of Fruit Choice of Milk	Featured Veggies: Refried Beans Corn Choice of Fruit Choice of Milk	Featured Veggies: Green Beans Celery Sticks Choice of Fruit Choice of Milk	Featured Veggies: Oven Fries Carrot Sticks Choice of Fruit Choice of Milk	Featured Veggies: Steamed Carrots Cucumber Slices Choice of Fruit Choice of Milk
Weekly Featured Wrap Tuna				
4/8/19	4/9/19	4/10/19	4/11/19	4/12/19
Meatball Sub or Popcorn Chicken with Whole Grain Roll	Cheese Burger On a wg Bun or Nacho Grande Tortilla Chips	Chicken Nuggets with Whole Grain Roll or Toasted Cheese Sandwich	Corn Dog or Mac n Cheese with Whole Grain Roll	Ravioli With Texas Toast or PIZZA
Featured Veggies: Steamed Corn Mashed Potatoes Choice of Fruit Choice of Milk	Featured Veggies: Lettuce & Tomato Baked Beans Choice of Fruit Choice of Milk	Featured Veggies: Tomato Soup Fresh Broccoli Choice of Fruit Choice of Milk	Featured Veggies: Stewed Tomatoes Italian Salad Choice of Fruit Choice of Milk	Featured Veggies: Green Beans Carrots Choice of Fruit Choice of Milk
Weekly Featured Wrap Chicken Caesar				
4/15/19	4/16/19	4/17/19	4/18/19	4/19/19
Cheese Burger On a wg Bun or Penne and Meatballs with Whole Grain Roll	Chicken Nuggets with Whole Grain Roll or Nacho Grande Tortilla Chips	Chicken Quesdilla or French Toast Sticks with sausage patty	1/2 Day No Lunch	No School
Featured Veggies: Curly Fries Red Pepper Strips Choice of Fruit Choice of Milk	Featured Veggies: Refried Beans Fresh Cucumber Slices Choice of Fruit Choice of Milk	Featured Veggies: Potato Triangle Carrot Sticks Choice of Fruit Choice of Milk		
Weekly Featured Wrap Spicy Chicken				
4/22/19	4/23/19	4/24/19	4/25/19	4/26/19
No School	Hot Dog On a wg Bun or Nachos Grande Tortilla Chips	Popcorn Chicken Over Brown Rice or Pork BBQ On a wg Bun	Cheese Burger On a wg Bun or Chicken Alfredo with Whole Grain Roll	Meatball Sub or PIZZA
	Featured Veggies: Baked Beans Italian Salad Choice of Fruit Choice of Milk	Featured Veggies: Steamed Broccoli Red Pepper Strips Choice of Fruit Choice of Milk	Featured Veggies: Curly Fries Red Pepper Strips Choice of Fruit Choice of Milk	Featured Veggies: Green Beans Carrots Choice of Fruit Choice of Milk
Weekly Featured Wrap Turkey and Cheese				
Weekly Featured Salad Caesar				

What is a Meal?
 You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
 Choice of Vegetable
 Choice of Fruit
 Grain/Bread
 Choice of Milk - 1% white, chocolate, vanilla and strawberry

Weekly Vegetable Subgroups May Include:
 Dark Green - spinach, broccoli, romaine and spring salad
 Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
 Legumes - beans and peas
 Starchy White - potatoes, corn, peas and lima beans
 Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:
 oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Leave Your Lunch at Home
 Daily entrée options may include:
 Daily entrée options may include:
 Garden Salad with Whole Wheat Roll
 Turkey & Cheese Sandwich
 (On Friday's during lent we will have a Tuna wrap as the featured wrap)



Logo of the

Student Paid Lunch \$2.85 Student Reduced Lunch \$0.40 Adult Lunch \$3.85