

Monday	Tuesday	Wednesday	Thursday	Friday
2/25/19	2/26/19	2/27/19	2/28/19	3/1/19
3/4/19	3/5/19	3/6/19	3/7/19	3/8/19
Chicken Patty On a wg Bun or Italian Meatball and Cheese On a wg Bun	Cheese Burger On a wg Bun or Nacho Grande Tortilla Chips	Toasted Cheese Sandwich or Pasta Marinara	Hot Dog On a wg Bun or Popcorn Chicken with Rice	Pierogies or Cheesy Pizza
Featured Veggies: French Fries Carrot Sticks Choice of Fruit Choice of Milk	Featured Veggies: Lettuce & Tomato Baked Beans Choice of Fruit Choice of Milk	Featured Veggies: Tomato Soup Celery Choice of Fruit Choice of Milk	Featured Veggies: Red Pepper Strips Steamed Broccoli Choice of Fruit Choice of Milk	Featured Veggies: Steamed Carrots Fresh Broccoli Choice of Fruit Choice of Milk
Weekly Featured Wrap Tuna Fish				
3/11/19	3/12/19	3/13/19	3/14/19	3/15/19
French Toast Sticks w/ sausage or Italian Meatballs & Cheese On a wg Bun	Chicken Nuggets with Whole Grain Roll or Nacho Grande Tortilla Chips	Ham and Cheese On a Pretzel Roll or Pork BBQ On a wg Bun	Chicken Patty On a wg Bun or Sausage Egg and Cheese Bisquit	Toasted Cheese Sandwich or Pizza Sticks
Featured Veggies: Red Pepper Strips Potato Triangles Choice of Fruit Choice of Milk	Featured Veggies: Baked Beans Curley Fries Choice of Fruit Choice of Milk	Featured Veggies: Fresh Broccoli Carrot Sticks Choice of Fruit Choice of Milk	Featured Veggies: Corn Fresh Broccoli Choice of Fruit Choice of Milk	Featured Veggies: Tomato Soup Carrot Sticks Choice of Fruit Choice of Milk
Weekly Featured Wrap Buffalo Chicken				
3/18/19	3/19/19	3/20/19	3/21/19	3/22/19
Ravioli or Chicken Patty On a wg Bun	Hot Dog On a wg Bun or Nachos Grande Tortilla Chips	French Toast Sticks w/ sausage or Cheese Burger On a wg Bun	Pierogies or Chicken Nuggets	PIZZA or Mac and Cheese
Featured Veggies: Celery Sticks Carrot Sticks Choice of Fruit Choice of Milk	Featured Veggies: Refried Beans Italian Salad Choice of Fruit Choice of Milk	Featured Veggies: Mashed Potatoes Red Pepper Strips Choice of Fruit Choice of Milk	Featured Veggies: Green Beans Fresh Broccoli Choice of Fruit Choice of Milk	Featured Veggies: Stewed Tomatoes Green Beans Choice of Fruit Choice of Milk
Weekly Featured Wrap Chicken Caesar				
3/25/19	3/26/19	3/27/19	3/28/19	3/29/19
Italian Meatballs & Cheese On a wg Bun or Chicken Nuggets with Whole Grain Roll	Corn Dog or Nachos Grande Tortilla Chips	Mac and Cheese or Sausage Egg and Cheese Biscuit	Cheese Burger On a wg Bun or Chicken Quesadilla	Fish Shapes or Cheesy Pizza
Featured Veggies: Red Pepper Strips Tater Tots Choice of Fruit Choice of Milk	Featured Veggies: Refried Beans Italian Salad Choice of Fruit Choice of Milk	Featured Veggies: Potato Triangle Fresh Cucumber Slices Choice of Fruit	Featured Veggies: Mashed Potatoes Red Pepper Strips Choice of Fruit	Featured Veggies: Red Pepper Strips Green Peas Choice of Fruit
Weekly Featured Wrap Turkey Bacon Cheddar				
Weekly Featured Salad Caesar				

What is a Meal?
 You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
 Choice of Vegetable
 Choice of Fruit
 Grain/Bread
 Choice of Milk - 1% white, chocolate, vanilla and strawberry

Weekly Vegetable Subgroups May Include:
 Dark Green - spinach, broccoli, romaine and spring salad
 Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
 Legumes - beans and peas
 Starchy White - potatoes, corn, peas and lima beans
 Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:
 oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Leave Your Lunch at Home
 Daily entrée options may include:

Daily entrée options may include:
 Garden Salad with Whole Wheat Roll
 Turkey & Cheese Sandwich (On Fridays during Lent it will be Tuna Fish)



Logo of the

Student Paid Lunch \$2.85 Student Reduced Lunch \$0.40 Adult Lunch \$3.85