

March 2019

St. Anthony's Catholic School

Mon	Tue	Wed	Thu	Fri
1c beef & macaroni cass. 1/2c. carrots 1/2c. fruits for salad 4	3 oz. BBQ rib on bun 1/2c. French fries 1/2c. pineapple 5	ASH WEDNESDAY 6 1 4X6 Cheese pizza 1/2c. raw veg. / dip 1/2c. applesauce	4 Chicken nuggets/ sauce 1/2c. French fries 1/2c. mandarin oranges 4 oz. ice cream 7	3oz. roast beef 1/2c. mashed potato/gravy 1/2c. green bean 1 pc brownie 1
4 Mini corndogs 1/2c. noodles 1/2c. mixed veg. 1/2c. strawberries over Angelfood cake 11	1 c. Lasagna 1/2c. peas & carrots 1/2c. mandarin oranges 1 pc. Garlic bread 12	3oz. pulled pork/ bun 1/2c garlic mashed potatoes 1/2c. peas 1/2c. fruits for salad 13	3 oz. beef roast 1/2c. mashed potatoes 1/2c broccoli 1/2c. peaches 14	1 c. Macaroni & Cheese 1/2c. peas 1/2c. pears 1 oz. cottage cheese 15
Spaghetti & meatsauce California veg. Pears Garlic bread 18	1/2c. scrambled eggs w/2 sausage 2 potato pancakes w/syrup 1/2c. applesauce. 19	BUILD-A-BURGER 20 Hamburger patty, cheese, tomatoes, lettuce,bacon/bun 1 chip Dill spears 4oz. ice cream	3 oz meatloaf 1/2c. cheesy hashbrowns 1/2c carrots 1/2c. peaches 21	No SCHOOL 22
1/2C. Beef tips over 1c. noodles 1/2c. mixed veg 1/2c. mandarin oranges 25	4 oz. BBQ Chicken 1/2c. rice pilaf 1/2c. monte carlo veg. 1pc dumpcake 26	3 oz. Salisbury steak 1/2c. mashed potato 1/2c. carrots 1/2c. peaches 27	WALKING TACO 28 w/meat, cheese, lettuce, tomato, sourcream, taco sauce, fritos 1/2c. applesauce 1 cookie	1 4X6 PIZZA 1/2C. raw veg. / dip 1 apple 29

* 1 lb of Skin On Chicken with served dairy
 around and around milk around Halls