


January 2019

St. Anthony's Catholic School

Mon	Tue	Wed	Thu	Fri
	1 NEW YEARS DAY  NO SCHOOL	2 4 Pc chicken nuggets w/sauce 1/2c. Garlic mashed potatoes 1/2c. peas 1/2c. pears	3 3 oz. roast beef 1/2c. mashed potatoes/gravy 1/2c. broccoli 1/2c. peaches	4 1 4x6 pizza 1/2c. raw veg. w/dip 1/2c. pineapple 1 cookie
7 3 oz. Chicken 1/2c. rice pilaf 1/2c. mixed veg 1/2c. fruits for salad 1 cornbread muffin	8 1/2c. meatsauce over 1c. spaghetti 1/2c. lettuce w/dressing 1pc fresh fruit 1 pc garlic bread	9 1 c. chicken dumpling soup w/ crackers 2 oz. ground ham Dill pickle 1 orange	10 3 oz. meatloaf 1/2c. cheesy hashbrowns 1/2c. carrot 1/2 c. peaches	11 1c. macaroni & cheese 1 hotdog 1/2 c. green beans 1 pc fresh fruit
14 1/2c beef & gravy over 1c. noodles 1/2c. mix veg 1/2c pears	15 3 oz. BBQ chicken 1/2c. squash 1/2c. Monte Carlo Veg 1 pc dump cake	16 3 oz Salisbury steak 1/2c mashed potato/gravy 1/2c. carrots 1/2c. peaches	17 1 4x6 pizza 1/2c. raw veg. / dip 1/2c. pineapple & oranges	18 2oz. pulled pork 1/2c garlic mashed potato 1/2c. broccoli 1/2c. applesauce
21 NO SCHOOL	22 1c. beef stew 1c. tossed lettuce/dressing 1pc fresh fruit	BUILD-A-BURGER 4oz. hamburger w/cheese Tomato, onions, lettuce 1 pkg. chips 1/2c. peaches	24 3oz. hotdog / bun 1/2c. French fries 1/2c mandarin oranges 4 oz. ice cream	25 3 oz. Roast beef 1/2c mashed potato/gravy 1/2c. green beans 1/2c. pineapple
28 1c. beef & macaroni cass. 1/2c. carrots 1/2c. fruits for salad Sugar cookie	29 3oz. BBQ rib 1/2c. scalloped potatoes 1/2c. peas 1 pc fruit	30 1 4x6 pizza 1/2c. green beans 1/2c. applesauce	31 4 chicken nuggets w/sauce 1/2c. French fries 1/2c. fruit cup	

* * 1% or Skim Chocolate milk served daily
* * Bread or Bread Sub and butter Served daily