


September 2018

St. Anthony's Catholic School

Monday Tuesday Wednesday Thursday Friday

<p>3 LABOR DAY  1c. Beef & Macaroni casserole 1/2c carrots 1/2c. fruits for salad</p>	<p>4 <i>Welcome Back</i> 4 chicken nuggets w/sauce 1/2c French fries 1/2c. raw veg w/dip choc. chip cookie</p>	<p>5 4 oz hamburger/cheese on bun 1bg. chips dill pickles/tomatoes 1/2c. peaches</p>	<p>6 3 oz. turkey 1/2c dressing w/gravy 1/2c corn 1 baked apple</p>	<p>7 3 oz roast beef 1/2c. mashed potato w/gravy 1/2c green beans 1/2c. fruit cup</p>
<p>10 1c. Beef & Macaroni casserole 1/2c carrots 1/2c. fruits for salad</p>	<p>11 3oz BBQ rib on bun 1/2c. french fries 1/2c. pineapple</p>	<p>12 1 4x6 pizza 1/2c. raw veg. w/dip 1/2c. applesauce</p>	<p>13 4 mini corndogs 1/2c. potato salad 1/2c. coleslaw 4 oz. ice cream</p>	<p>14 1 c. macaroni & cheese 2 oz. hotdog 1/2c.green beans 1 pc fresh fruit</p>
<p>17 1c beef in gravy over 1c noodles 1/2c.mixed vegetable 1/2c. strawberries over angelfood cake</p>	<p>18 1 c lasagna 1/2.c peas & carrots 1/2c. mandarin orange 1pc garlic bread</p>	<p>19 3 oz. pulled pork on bun 1/2c. garlic mashed potatoes 1/2c. fruits for salad</p>	<p>20 3 oz roast beef 1/2.c mashed potato w/gravy 1/2c. broccoli 1/2c. peaches</p>	<p>21 4 oz. stuffed sandwich 1/2c. french fries 1/2c. peas 1 Snickerdoodle cookie</p>
<p>24 4 oz oven baked chicken 1/2c. mashed potato w/gravy 1/2c. fruit 1-cornbread muffin</p>	<p>25 1c meatsauce over 1c spaghetti 1/2c.california veg. 1/2c pears 1 pc garlic bread</p>	<p>26 1c. chicken dumpling soup w/crackers 2oz ground ham dill pickles 1/2c. mandarin oranges</p>	<p>27 3 oz. meatloaf 1/2c. cheese hash. 1/2c. carrots 1/2c. peaches</p>	<p>28 3 oz. fish squares w/harter sauce 1/2c. french fries 1 pc fresh fruit</p>

*1% or skim chocolate milk served daily
 *Bread, bread sub and butter served daily