

October 2018

St. Anthony's Catholic School

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> 1c. beef tips over 1c. noodles 1/2c. mix veg. 1/2c. mandarin oranges	<b>2</b> 4oz. BBQ chicken 1/2c squash 1/2c monte carlo veg. 1pc dump cake	<b>3</b> 3oz. salisbury steak 1/2c. mashed potato 1/2c. carrots 1/2c. peaches	<b>4</b> 1 4x6 pizza 1/2c. raw veg. / dip 1/2c. pineapple	<b>5</b> No School
<b>8</b> 1c. beef stew w/carrots, potatoes 1c. lettuce salad w/dressing 1 pc fresh fruit	<b>9</b> 4 chicken nuggets w/sauce 1/2c. french fries 1/2c. fruits for salad 1 cookie	<b>10</b> 4 oz. hamburger w/cheese on bun 1/2c. tator tots 2 tomato slices 1 dill spear	<b>11</b> 3 oz. turkey 1/2c. stuffing/ gravy 1/2c. corn 1 oz. cranberries	<b>12</b> No School
<b>15</b> 1 c beef & macaroni casserole 1/2c. carrots 1/2c. fruit 1 sugar cookie	<b>16</b> 3 oz BBQ rib on bur 1/2c. scalloped potatoes 1/2c. pineapple	<b>17</b> Walking Taco(Fritos) w/lettuce, tomato, cheese, meat, sour cream, sauce 1pc fresh fruit	<b>18</b> 4 oz. stuffed sand. 1/2c. tator tots 1 dill pickle spear 1/2c. peaches	<b>19</b> 4 mini corn dogs 1 bg sunchips 1/2c. baked beans 1 pc fresh fruit
<b>22</b> 2 oz. BBQ beef/bun 1/2c. veg. 1/2c. pears 1/2c. strawberries on angelfood cake	<b>23</b> 1 c. Lasagna 1/2c. lettuce w/dressing 1 pc fresh fruit 1pc garlic bread	<b>24</b> 4 chicken nuggets w/sauce 1/2c. garlic mashed potatoes 1/2c. peas 1 baked apple	<b>25</b> 3 oz. roast beef 1/2c. mashed potato w/gravy 1/2c broccoli 1/2c. peaches	<b>26</b> 1 4x6 pizzas 1/2c. raw veg./dip 1/2c. pears 1 cookie
<b>29</b> 3oz. baked chicken 1/2c. mashed potato w/gravy 1/2c. mixed veg. 1 cornbread muffin	<b>30</b> 1/2c. meatsauce over 1c. spaghetti 1/2c. california veg. 1/2c. pears 1 pc garlic bread	<b>31</b> 1c. chicken dumpling soup w/crackers 2 oz. grd ham spread 1 dill spear 1 orange	<b>HALLOWEEN</b>	

\*1% or skim chocolate milk served daily  
\*Bread, bread sub and butter served daily