



A Sample schedule for a prayer day

April 2014

Brothers,

My prayer group follows a one-day format. I offer this sample simply as a suggestion among other options. Some groups meet for an overnight, other groups meet less frequently than monthly, but for a longer period of time, and other groups use other options. Each group needs to determine what works best for them. -Mark Mertes

- We meet on the third Monday of each month, except in July. We meet at a house that is provided by our archdiocese for priest recreation and retreat. (In June we take a road trip together.)
- Eucharistic Adoration 11:00 am -12:00 pm.
- Lunch 12:00 -1:00 pm (We bring a sack lunch).
- Prayer and Reflection 1:00 -1:30 pm.
- Free time 2:00-3:30 pm.
- Preview of the Review of Life 3:30-4:00 pm *At this time each person shares the answer to three questions: "How is my prayer?", "Did I take a desert day?", and "What is my fact?"*
- Review of Life 4:00 - 5:00 pm. *At this time those who would like to share more deeply can do so.*
- Evening Prayer 5:00- 5:20 pm with Prayer of Abandonment
- Dinner 5:20-7:00 pm (We eat in a restaurant).
- 7:00 pm departure to homes.