

LENT 2019

AT ST. ANTHONY DE PADUA CATHOLIC PARISH



Entering into Solemn Preparation

The entire **Lenten Season** is devoted to preparing for the great celebration of the Paschal Mystery at Easter. The faithful, are called to prepare through **prayer, fasting, and almsgiving.**

We invite you to enter into this holy and solemn season with **your heart open** to contemplate Jesus' suffering and death on the Cross so that it may be filled with joy upon the Resurrection of our Lord at Easter.

St. Anthony de Padua is offering opportunities for prayer, formation, and renewal - including **Stations of the Cross** on Fridays, A **Healing Night** on March 14, where we will be renewed in the Spirit, and our **Lenten Parish Mission Series**, where we will contemplate the call to discipleship.

LENTEN MISSION SERIES

A Call to Discipleship

Join us for Mass at 5:30pm and stay for our Mission Series at 6:15. Our speakers will offer a reflection and call to action during the beautiful liturgy of Evening Prayer.

March 19: A Call to Holiness & Prayer, Mary Stutzman

March 26: A Call to the Eucharist, Lisa Marino

April 9: A Call to Conversion, Fr. Terry Coonan

Details about each evening and our speakers are available at stasb.org/LentMission.

WEEK 1	WEEK 2	WEEK 3	WEEK 4
<p>MARCH 6 Ash Wednesday Mass at 8:15am & 5:30pm</p> <p>MARCH 8-9 Mary & Mercy Retreat St. Pius X Church</p> <p>MARCH 9-10 2nd Collection at Mass Christ Child Society</p> <p>Holy Land Items for Sale After all weekend Masses</p>	<p>MARCH 14 Healing Night Renewal in the Spirit with the Missionaries of Resurrection 7:00-8:30pm in the church</p> <p>MARCH 15 Parish Fish Fry All you can eat or carry-out 4:30pm-7pm in the gymnasium</p> <p>Stations of the Cross 5:30pm in the Church</p> <p>MARCH 16-17 2nd Collection at Mass St. Vincent de Paul Society</p>	<p>MARCH 19 Lenten Mission Series A Call to Holiness and Prayer 6:15pm in the church</p> <p>MARCH 22 Stations of the Cross 2:15 & 5:30pm in the Church</p> <p>MARCH 23-24 2nd Collection at Mass Women's Care Center</p>	<p>MARCH 26 Lenten Mission Series A Call to the Eucharist 6:15pm in the church</p> <p>MARCH 28 Parish Penance Service 4 Priests available for reconciliation, 6:15pm</p> <p>MARCH 29 Stations of the Cross 2:15 & 5:30pm in the Church</p> <p>MARCH 30-31 2nd Collection at Mass Parish Debt Reduction</p>

More Lent information is always available at stasb.org or by calling 574-282-2308.

Need ideas for fasting, praying, and giving? Checkout the Lent Challenge on the back of this calendar.

WEEK 5	WEEK 6	HOLY WEEK · TRIDUUM · EASTER	
<p>APRIL 5 Stations of the Cross 5:30pm in the Church</p> <p>APRIL 6-7 2nd Collection at Mass Hannah's House</p> <p>Anointing of the Sick Saturday at 5:30pm, after the vigil Mass</p>	<p>APRIL 9 Lenten Mission Series A Call to Conversion 6:15pm in the church</p> <p>APRIL 12 Living Stations of the Cross 2:15 & 5:30pm in the Church</p> <p>PALM SUNDAY APRIL 13-14 2nd Collection at Mass Catholic Charities</p>	<p>HOLY THURSDAY Mass of the Lord's Supper 7pm, followed by Adoration & Confession until 10pm</p> <p>GOOD FRIDAY Lord's Passion 12:30pm, followed by Confession from 1:30-3pm</p> <p>Tenebrae Service 9:00pm in the church</p>	<p>HOLY SATURDAY Food Blessing, 10am Church Decorating, 10:30am</p> <p>Easter Vigil 9:15pm on the steps of the church</p> <p>EASTER SUNDAY Masses will be at 7am, 9am, and 11am We warmly welcome all visitors to St. Anthony de Padua Catholic Parish!</p>

Full details can be found at www.stasb.org

LENT CHALLENGE

During the Season of Lent, I will open my heart and challenge myself to become more like Christ by participating in these acts of penance and contemplation (select yours):

Fasting

- Fast from any food between meals
- Fast from your favorite food
- Fast from alcoholic beverages or soda
- Fast from TV/Radio & substitute Redeemer Radio (redeemerradio.com) or other Catholic programming
- Fast one day a week from screen time or a percentage of screen time
- Fast from complaining
- Fast from gossip or negativity

Almsgiving

- Give to Operation Rice Bowl (csrcicebowl.org)
- Increase your weekly tithing (read more about giving to St. Anthony Parish at stasb.org/giving)
- Donate to our parish St. Vincent de Paul Society (food, time, money)
- Donate to our Lenten 2nd collection for various groups of the community
- Donate time to our service ministries (stasb.org/serviceministries)
- Give of your time, talent, or treasure to a worthy cause (stasb.org/timetalent)

Prayer

- Participate in extra morning or evening weekday Mass (stasb.org/masstimes)
- Spend 10 minutes in meditative prayer each day
- Increase family prayer time
- Go to Reconciliation during Lent (Parish Lenten Penance Service, March 28 at 6:15pm)
- Spend some time in Eucharistic Adoration (Thursdays 6:00-7:00 pm or Saturdays 9:00- 10:00 am)
- Meditate on the Passion Gospel (usccb.org)
- Read Bishop Robert Barron's Lenten Reflections (wordonfire.org)
- Pray the Rosary for world peace or an end to abortion
- Listen to Redeemer Radio or Christian Music (redeemerradio.com)
- Pray the Stations of the Cross (Fridays of Lent 5:30 pm with *Living Stations* on April 12)
- Participate in the Triduum & Easter Liturgies (Holy Thursday, Good Friday, Holy Saturday, Easter Sunday)

Kids Lent Challenge!

During the Season of Lent, I will try to be more like Jesus by: (pick a one or a few from each act of penance that will bring you closer to the Lord by doing them often during Lent)

PRAYER

- Pray a decade of the Rosary every day
- Read a little from your bible each night
- Pray with your family at mealtimes
- Pray for peace, life, and our parish
- Go to Reconciliation during Lent

FASTING

- Fast from your favorite food
- Fast from complaining
- Fast from gossip or negativity
- Fast from TV
- Fast one day a week from screen time

GIVING

- Collect coins for Operation Rice Bowl
- Donate your time to help at our parish
- Donate your time to help at school
- Do extra chores at home to help out
- Donate your time to a local organization

