

LENT SERVICE PROJECT



FOOD FOR THE POOR, INC.

Saving Lives... Transforming Communities... Renewing Hope

WWW.FOODFORTHEPOOR.ORG

WHAT ARE YOU DOING FOR LENT?

There are 3 Lenten practices that everyone, including children, should do:

1. Fast - give up a favorite food, TV program, video game or social media
2. Pray - find new ways to pray during Lent and grow closer to God
3. Almsgiving - think of those who are less fortunate than you and find ways to help them. One idea is below:

This year, instead of Rice Bowls, we are asking the children of the parish, both those who attend Religious Education and those who attend Catholic School, to save the money they would spend on their favorite activities or part of their allowance and contribute it to Food For the Poor

Throughout Lent put your money in the attached baggie (or use any baggie/container or stop by my office to pick one up) and return it to class at the end of Lent or when you come back to class after Easter (Catholic school children can drop it by my office on Sunday mornings (9-11am), Tuesday evenings or Wednesday evenings up until 8:00pm