

Eucharistic Adoration of the Blessed Sacrament

**On Wednesdays following the 12 Noon Mass until start of the 6:00pm Mass
On Fridays following the 8:00am Mass until start of the 12 Noon Mass**



Very early in his pontificate, St. John Paul II established adoration chapels in the major patriarchal basilicas in Rome, realizing that the holy Eucharist is the source and summit of life in the Church. When there is faith, devotion and reverence for the Eucharist, the faithful grow in charity and holiness, and the community is blessed with a variety of vocations that serve the Church and all souls with joy and simplicity. The Eucharist is the source of life for the Church.

Adoration of the Blessed Sacrament has been a pious custom in the Church since time immemorial, and likewise the custom of having at least two persons present at all times has been the rule. **Out of reverence for Christ, we want to ensure there are always at least two people present in Adoration while the Eucharist is exposed.** So you ask, what's the reason for having two people present? Safety! In case something happens to one of the adorers (falls asleep, faints, has a medical emergency, etc.) the other can call for aid while at the same time insuring that **the Most Blessed Sacrament exposed in the monstrance is not left unattended.** Why should we not leave the Most Blessed Sacrament in the monstrance unattended? First, out of courtesy, and second for safety, because — while in the monstrance — the Eucharist is vulnerable.

It may happen, no matter how hard you try, that sometimes there is only one person in the Adoration chapel. When that happens, that person **cannot leave until another person arrives,** or if that is not possible, that person should carefully repose the Blessed Sacrament in the tabernacle or secure the safety of the Eucharist in some other way. Finally, those good souls who are entrusted with managing the Adoration program at their parish should continue to promote Adoration so that there be at least two people there at all times. This may be difficult, but it's well worth the effort.