



Lent

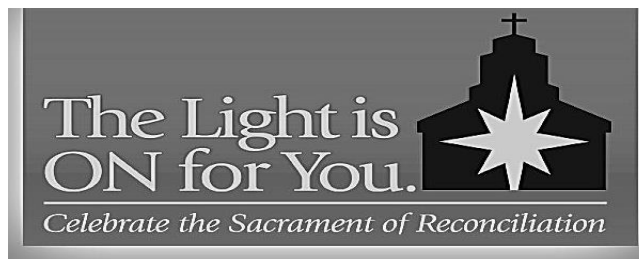
Come prepare for Easter with us during Lent
at Immaculate Conception Church

Ash Wednesday is **March 6th** which begins the season of Lent. Masses on Ash Wednesday will be @ 7:30 am and 7:00 pm.

There will not be a noon Mass.

Please note that Ashes will be imposed only during the Masses.

On **Fridays of Lent** (through April 12th), **Stations of the Cross** will be held at 7:00 pm. Stations of the Cross will also be held on **Good Friday, April 19th** at 3:00 pm.



Lenten Penance/Reconciliation – Confessions will also be heard on:

Ash Wednesday after the 7:30 AM and 7:00 PM Mass

Wednesdays during Lent from 6:30 PM until 8:00 PM

Saturdays from 3:00 PM until 3:45 PM and after the 4 PM Mass

Lenten Fast and Abstinence – Ash Wednesday and Good Friday are days of fast and abstinence. The other Fridays of Lent are days of abstinence only.

Fasting is defined as eating one full meal. Two smaller meals that are less than a full meal may be consumed to maintain strength. Those who have completed their 18th year until the beginning of their 60th year (until age 59) are bound by the law of fast.

Abstinence is defined as not eating meat (i.e., beef, pork, chicken and other fowl should not be consumed. Fish is fine.). Those who are 14 or older should fast.