

Our Lady of Mercy 2019 Track and Field Team

The OLM Track and Field Team is open to OLMA and OLM/OLGC Religious Education students in grades K-8. Races and field events are competed by grade level and gender.

Practices are scheduled to be held from **April 3, 2019- June 8, 2019 at the Park Ridge High School Track.**

The practice schedule (**weather permitting**) is

Wednesdays 6:30 to 8 PM

Saturdays 2 to 3:30 PM

The season registration fee is **\$25 per child (t-shirt included).**

In addition, there will be a **\$15 fee per runner per track meet (will be collected on day of meet if attending).**

There will be four track meets:

- **Sunday 5/5/19** hosted by OLMC @ Tenaflly Middle School
- **Sunday 5/19/19** hosted by Assumption @ Emerson High School
- **Sunday 6/2/2019** hosted by Sacred Heart @ Lyndhurst High School
- **Sunday 6/9/2019** hosted by St. Elizabeth @ St. Joseph Regional High School

There are admission charges for parents and other family members who attend the track meets.

Please make checks payable to OLM Athletic Association. The registration fee and attached sign-up sheet (both pages) should be sent to: Sharon Jung 127 Meadow Lane Nanuet, NY 10954. OLMA students can also send via backpack to Sharon Jung c/o Daniel Jung 4B. Please call Sharon Jung with any questions at 201-360-9255 or email Sharon.jung@gmail.com.

PLEASE RETURN FORMS NO LATER THAN MARCH 31.

We encourage parents to participate in our track program in various capacities. Volunteers for both Track Practices and Track Meets are ALWAYS NEEDED, community service available for teens. If you would like to volunteer, please contact Sharon Jung.

REGISTRATION INFORMATION

(One Registration per Child)

Child Name: _____ Grade: _____

Address: _____

Home Phone: _____

*Email Address _____

(Communication is done through email, especially practice/meet information)

Please circle the shirt size for your child below: If your child falls “in between” sizes, or in doubt, please order the next larger size.

SHIRT SIZES: Youth – Small (6-8)	Adult – Small (34-36)
Youth – Medium (10-12)	Adult – Medium (38-40)
Youth – Large (14-16)	Adult – Large (42-44)
Youth – XL (18-20)	Adult – XL (46-48)

MEDICAL & RELEASE FORM

I hereby give approval for my child listed below to engage in any and all track and field activities during the current season. I assume all risks and hazards incidental to such participation, including transportation to and from said activities, and do hereby waive, release, absolve, indemnify, and agree to hold harmless OLM, OLMA, the organizers, sponsors, supervisors, coaches, other participants and persons coaching or transporting my child to and from said activities, for any claim arising out of any injury.

Child's Name: _____
Parent Signature: _____ Date _____
Parent Name (Print): _____

Please indicate specific allergies, chronic illnesses, or other medical conditions that coaches and medical personnel should be aware of:

Family Physician: _____ Phone: _____
Prescriptions/Medications: _____
Other person to contact in case of emergency: _____
Phone: _____

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I give my permission for my child's picture related to track and field activities to appear in school videos, print publications, news stories, and/or advertising for the school.

Yes _____ No _____