

SATURDAY MARCH 16

Read the Gospel for today Matthew 5:43-48

REFLECTION:

“So be perfect, just as your heavenly Father is perfect” (Matt5:48).

No big deal, right? While reading this passage it is easy to see it as just some lofty goal that no one ever really achieves. But if we pray with this passage we come to experience a much deeper reality.

Christ never gives us a command or challenge that is impossible. In fact, Jesus constantly gives us the road map to making holy decisions in our journey towards heaven. This is one of those times. Perfection is not something that comes through having the perfect body, the best car, the best looking boy/girl friends, or even from being in the top ten present of your class. Perfection comes from loving your enemies and demonstrating forgiveness to those who cross your path. When we choose to love an enemy and show them mercy, we share in the very mission of Jesus Christ. We become Christ in those moments and we bring perfection into an imperfect and broken world. So be perfect . . . love your enemies and show them forgiveness.

CHALLENGE

Set aside a time today to pray a Divine Mercy chaplet specifically for someone who you have a hard time forgiving. Try to reflect on how that person is a child of God the Father , the same as you.

~ Taken from LifeTeen's LENT COMPANION 2014