

## TUESDAY MARCH 12

Read the Gospel for today *Matthew 6:7-15*

### **REFLECTION:**

Prayer is one of the most important parts of our faith – prayer literally is our relationship with God. While Christ was on earth, He modeled for us how we should pray. He showed us that prayer goes beyond just saying words.

In this passage, He gave us the Our Father. He taught us how to pray; and since He is God, this is something not to be taken lightly. He wants us to have a relationship with our Father in heaven – this passage is where Christ shows us how that relationship grows. Notice the “order” to the prayer . . . it’s about God before it’s about us.

### **CHALLENGE**

Take some time today to journal about the Our Father. Write out the prayer on a piece of paper and then underline phrases that stick out to you. Then ask God why those particular phrases stuck out and journal about them.

~ Taken from *LifeTeen’s LENT COMPANION 2014*