

MONDAY MARCH 11

Read the Gospel for today *Matthew 25:31-46*

REFLECTION:

It is so easy to simply ignore those who are in need around us. Perhaps where you live there aren't a lot of hungry or homeless people. Because of that, it can be easy to think that there aren't people in need or that they are only found in foreign countries or big cities. However, that couldn't be further from the truth. Blessed Mother Teresa of Calcutta reminds us that we do not have to travel to a foreign country or to the inner city to find people who need help. There are people who are spiritually hungry or homeless sitting right next to us in class, on the bus, in the cafeteria, or even at our dinner table.

Jesus isn't asking us to do something extraordinary in this Gospel. He is simply asking us to care about those around us and to be aware of the needs of others and not ignore them. When we love those who are broken, abandoned, hurting, or lonely, we are not just loving them, but loving Jesus who is present with them in their suffering.

Don't only be concerned about yourself, completely oblivious to the world around you. Instead, be led by the Good Shepherd and attentive to His voice, ready to bring others close to Him so that they may be healed and restored.

CHALLENGE

Make it a point to love someone around you who is ignored or hurting by going out of your way to talk to them on the way to class or eat lunch with them. Pray for them as well, asking that you may be an instrument of Jesus' love in their life.

~ Taken from *LifeTeen's LENT COMPANION 2014*