



PRAYER TO JESUS' CRUCIFIX

ADORATION OF THE HOLY CROSS

I adore you, O Holy Cross, which was adorned with the most Holy Body of my Lord, covered and stained by His Precious Blood.

I adore You, my God, crucified for me.
I adore you, O Holy Cross, for the love of the One who is my Lord.

Amen.

Several popes confirmed that if this prayer was said 33 times on Good Friday, it would free 33 souls from Purgatory. If said 50 times on a Friday, it frees five souls.