

GLAD TIDINGS

HOLY FAMILY CATHEDRAL NEWSLETTER

Volume VII, Number 3

March 2019



Top photo: At Rectory blessing, in the library.
Bottom: At Dedication Mass. February 23.
More photos, page 7.

LENT BEGINS MARCH 6

Tuesday, March 5
Church decoration, 5P
Fat Tuesday dinner hosted by the
Knights of Columbus, 6P

Wednesday, March 6 –
ASH WEDNESDAY
Masses and imposition of ashes:
700A, 1210P, 530P, 7P Dominican
Rite

Fridays in Lent
Soup suppers, 6P
Stations of the Cross, 7P
Confessions, 7P

Ash Wednesday marks the beginning of the Season of Lent. It is a season of penance, reflection, and fasting which prepares us for Christ's Resurrection on Easter Sunday, through which we attain redemption. Following the example of the Ninevites, who did penance in sackcloth and ashes, our foreheads are marked with ashes to humble our hearts and remind us that life passes away on Earth. We remember this when we are told, "Remember, you are dust, and to dust you shall return."

Ashes are a symbol of penance made sacramental by the blessing of the Church, and they help us develop a spirit of humility and sacrifice.

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STAFFED BY FRIARS OF THE WESTERN
DOMINICAN PROVINCE
DEUS PROVIDEBIT
GOD WILL PROVIDE
The Most Reverend Paul Dennis Etienne,
Archbishop
Father Steven Maekawa, OP, Pastor

Letter from the Pastor/Carta del Parroco



Dear Parishioners,

The Rectory events of this past month were joyful celebrations. Over 120 people took a tour of the Rectory on February 16. A week later, Archbishop Etienne and Fr. Christopher Fadok, OP (Provincial of the Western Dominican Province) blessed the Rectory and celebrated a Mass of Thanksgiving at the Cathedral. Also attending were 4 other Dominicans from California: Fr. Michael Fones, OP (Vicar-Provincial), Fr. James Moore, OP (Development Director), Fr. LaSalle Hallissey, OP (former pastor of HFC) and Fr. Dominic DeMaio, OP.

In just a week we will begin the season of Lent. In the Old Testament, Moses spent forty days and nights on Mt. Sani before receiving the Ten Commandments. Jesus spent forty days and nights of prayer and fasting before he began his ministry in Galilee.

A forty day season of preparation for Easter has been observed since the early Church Fathers. By the time of the Council of Nicea in 325, the Lenten season was also tied into the preparation period for those to be baptized into the Church on Easter.

Once again we are called to embrace the season so that we may celebrate our salvation at Easter with minds and hearts attentively focused on the Lord.

In Christ, Fr. Steve Maekawa, OP – Pastor

Queridos Feligreses,

Los eventos de la Rectoría este último mes fueron celebraciones llenas de alegría. Más de 120 personas tomaron paseos en la Rectoría el 16 de febrero. Una semana después, el Arzobispo Etienne y Fr Christopher Fadok, OP (Provincial de la Provincia Dominica del Oeste) bendijeron la Rectoría y celebraron un misa de acción de gracias en la catedral. También asistieron otros 4 Dominicos de California: Fr. Michael Fones, OP (Vicar-Provincial), Fr. James Moore, OP (Director de Desarrollo), Fr. LaSalle Hallissey, OP (Ex pastor de la catedral) and Fr. Dominic DeMaio, OP.

En tan solo una semana empezaremos el tiempo de cuaresma. En el antiguo testamento, Moisés estuvo cuarenta días y noches en el Monte Sinaí antes de recibir los diez mandamientos. Jesús estuvo cuarenta días y noches orando y ayunando antes de empezar su ministerio en Galilea.

Un tiempo de cuarenta días de preparación para la Pascua fue observado por los padres al principio de la iglesia. Cuando el consejo de Nicea se llevo acabo en 325, la temporada de cuaresma estaba también relacionada con el periodo de preparación para aquellos que serían bautizados durante la Pascua.

Una vez más estamos llamados a aceptar la temporada para poder celebrar nuestra salvación durante la Pascua con mentes y corazon atentamente enfocados al señor.

En Cristo, Fr. Steve Maekawa, OP - Pastor

Sunday Masses: Saturday Vigil: 530P. Sunday: 730A, 930A, 12Noon, 2P Español, 4P Dominican Rite (Latin), 6P.

Daily Masses: Mon - Fri: 700A, 1210P; Sat: 900A.

Holiday Schedule: Check the bulletin, the website, or call the office.

Rosary: Mon- Fri: 640A, 1140A; Saturday: 840A.

Office of Readings/Lauds (Mon.- Fri.): 730A.

Adoration: Fridays, 730A – Noon.

Confession: Mon - Fri: 1130A – Noon. Sat: 830A – 9A; 4P – 5P.

Church Open Hours:

Monday – Thursday: 6A – 815A and 11A – 115P

Friday: 6A – 115P

Saturday: 8A – 10A and 4P – 7P

Sunday: 7A – 730P

SACRAMENTAL INFORMATION:

•**Baptism of infants:** Baptism classes and baptisms are scheduled *after* meeting with a priest. Call 276-3455. Parents or guardians and sponsors must attend a baptism class prior to the baptism.

Baptisms are on the third Saturdays at 11A.

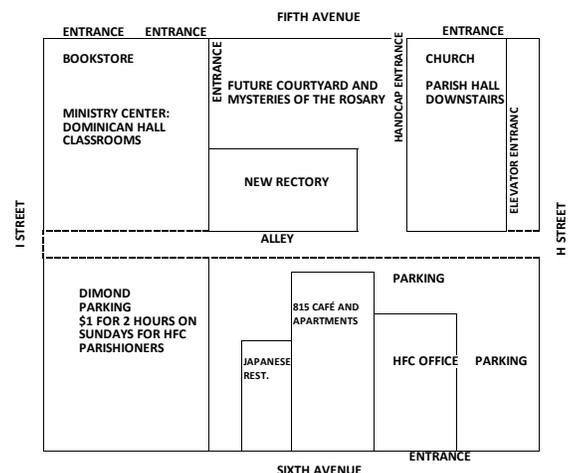
•**Marriages:** Weddings are scheduled by meeting with a priest at least 6 months prior to the wedding date.

Contact the Parish office at 276-3455 for:

•**Anointing of the sick; communion or pastoral visits to the homebound.**

•**Funerals:** immediately after the death.

•**Rite of Christian Initiation of Adults (RCIA).**



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Sharon Abrahamson, Proofreader; Isabel Azpilcueta, Translator; George Lochner, IT support

Advisory Board: Theresa Bird, Fran Lopinsky, Deacon Dave

FRUITS OF THE SPIRIT - PATIENCE

Br. Columban Mary Hall, OP

St. Thomas divides the fruits of the Holy

Spirit according as they fall within the mind's disposition to good and evil in itself and in what is near or far. We have already seen that, with respect to the good, the Spirit sets the mind in order by bringing love, joy, and peace to those whom He moves, insofar as they are united to God, delight in this union, and rest tranquilly in God. The Spirit also brings forth His fruits in us as we are related to evil—not, indeed, as delighting in evil, which would be sin, but as with respect to a certain contentment in enduring evil. Hence, after peace, comes **patience**, the fruit of the Spirit which consists either in enduring evil tranquilly, or enduring delay in achievement of a hoped for good.

This might seem puzzling, since delight is not something we associate with evil—certainly not with enduring evil, or delay in obtaining something for which we've been hoping. Yet, as the Angelic Doctor remarks, "The fact of not being disturbed by painful things is something to delight in" (*STh Ia-IIae*, q. 70, a. 3, ad 3um). Faith itself, the certitude of things unseen, has a certain sweetness to those who appreciate the transcendence of the mysteries we hold. We endure this obscurity until it gives way to vision, and not with complaint or despondency. Perhaps this is why St. Augustine contrasts the fruit of patience with witchcraft. One understands readily how patience is opposed to quarreling, enmity, wrath, and the like; but in opposing it to witchcraft, Augustine gets at the heart of patience.

Magic—whether this be fortunetelling, attempting curses, "love spells," or what have you—seeks control or reward *right now*. One who engages in it lacks faith and hope, and with them, patience. Evil and uncertainty in life beset him, and rather than cast himself on God, drawing strength to endure evil and delayed reward, he attempts to appropriate



divine power to himself. The man whose faith and hope bear patience, on the other hand, entrusts himself to God, knowing that He rewards those who hope in Him. This patience itself comes from God, is a mark of favor, and a beautiful quality of soul; such considerations cause one to delight in patiently enduring suffering and trial.

DOCTORS OF THE CHURCH ST. JOHN OF AVILA Fran Lopinsky

**Feast Day:
May 10**

Called the Apostle of Andalusia for his extensive ministry in that region of Spain, John de Avila was born January 6, 1499 in Almodovar del Campo, Spain, the only son of wealthy Christian parents with Jewish ancestry.



At age 14 John was sent to study law at the University of Salamanca but left at the end of the fourth term without receiving a degree. After three years of living a very saintly life, he resumed his studies, earning a bachelors degree in philosophy and theology.

When his parents died, John sold his large fortune and gave the proceeds to help the poor. He was ordained to the priesthood in 1526 and, for the next 40 years, became a traveling preacher in Andalusia, evangelizing in an area previously ruled by the Moors.

John was a bold preacher who made powerful enemies because he spoke against the sins of the ruling class. At one point, he was imprisoned and accused of false teachings, but was found innocent. Following his release from prison, John's preaching was more popular than ever. His best-known works are "Audi Fili," a tract on Christian perfection and his "Spiritual Letters."

John became the spiritual advisor for many notable saints – St. Teresa of Avila, St. Francis Borgia, St. John of God, and St. John of the Cross. John's friendship with the Jesuits is attributed to their successful missionary work in Spain.

Around the year 1551, John's health began to deteriorate. He was forced to spend the remainder of his life in semi-retirement in the Province of Cordoba. John died May 10, 1569 of natural causes.

Pope Paul VI canonized him on May 31, 1970.
Pope Benedict XVI declared John a Doctor of the Church on October 7, 2012.

FEBRUARY EVENTS



PARISH MISSION Fr. Dominic DeMaio, OP

Father's 4 day parish mission attracted more than 100 people per day and raised over \$4700 for Dominican student brothers.

Dear Brothers and Sisters,
It was a privilege and an honor to share the parish mission with you at Holy Family Cathedral. I always love visiting Alaska. It was a joy to connect with many of you again and to meet new parishioners as well; I was touched by your sincere depth of faith, kindness and friendship. Thank you very much for the potluck gathering to welcome me. Being with all of you was an opportunity to encounter Jesus and I hope that the talks and reflections we shared helped draw you more deeply into God's love in the Church as members of the Body of Christ. Thank you for your prayers and generous support of our Dominican seminarians. Please know that you all remain held in my prayers. May God bless you abundantly.
In Christ, Fr. Dominic DeMaio, O.P.

Estimados hermanos y hermanas,
Fue un gran honor y privilegio compartir el retiro con ustedes. Siempre me da gusto visitar a Alaska. Me dio mucho gusto volver a verles y conocer algunas personas nuevas. Doy gracias a Dios por una comunidad tan amable y hospitalario. Gracias por el convivio cuando llegué a la parroquia. Encontré a Jesús en el rostro de ustedes. Espero que las charlas les ayuden a conocer más profundamente el amor infinito de Dios como miembros de la Iglesia, el cuerpo de Cristo y el Pueblo de Dios. Gracias por sus oraciones y generosidad en apoyo de los seminaristas dominicos. Sepan que estén en mis oraciones. Que Dios les bendiga abundantemente.
Atentamente en Cristo, P. Dominic DeMaio, O.P.



YOUNG ADULTS braved the cold for an afternoon of fellowship and ice skating at Westchester Lagoon.

RECTORY TOURS were enjoyed by over 125 people who got a sneak peak at Dominican life where rhythms move from prayer in the chapel to community time in the library to dinner in the dining room. Improvements from the old rectory include the purpose built chapel, rare in Dominican sites on the west coast, private outdoor space, enclosed parking, and new exercise equipment.



HOLY BOWLS

These bowls were hand turned, from the trees that were removed from Cathedral property, to make way for the New Rectory, by a long time parishioner. This is a limited edition of 70 bowls, donated by the artist for a fund raiser to acquire Blessed Vessels and Candle Holders for the New Rectory Chapel.

These bowls were treated with Walnut Oil that is food safe but are meant to be used for holding daily use items such as your rosary, car keys and/or pocket items that need a special place.

Hand turning green wood from freshly down trees is a time-consuming effort. The bowls were rough turned last summer within days of the wood being harvested, and then re-turned, to get the drying warpage out 6 months later.

Hand turned bowls, shape and size, are dictated by the size of the tree. The removed trees were Mountain Ash and Choke Cherry so the bowls are all modest in size because of the small wood that was salvageable.

The bowls are priced at a modest donation of \$5.00-per-inch of bowl diameter. Of course, a greater donation is always appreciated. It is a good cause.

The bowls are available for purchase at St. Paul's Corner Book and Gift store, located in the Holy Family Cathedral Ministry Center.

Compliments of
Rudy Berus, Artist
Holy Family Parishioner



Holy Family
Cathedral

Holy Bowls



Rare opportunity to own a part of
the New Rectory Project

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FORMER PASTORS



Alex, Josh, and Stephanie VanTuyl with Fr. Anthony Patalano (Pastor, 2010-2016) and Fr. Donald Bramble (Pastor, 2002-2008) in sunny Los Angeles.



Fr. LaSalle Hallissey (Pastor, 1995-1998) in snowy Anchorage for the Rectory Dedication.

HYMN OF THE MONTH FOR MARCH

“There’s a Wideness in God’s Mercy”

Hymn writer Frederick Faber (1814-1863) was born an Anglican and reared a strict Calvinist. After attending Oxford, he took orders as an Anglican priest and began his ministry as a rector. Influenced by his friend John Henry Newman (1801-1890) who converted from Anglicanism to Roman Catholicism in 1845, Faber also converted to Catholicism that same year and was re-baptized as Father Wilfred.

Drawing inspiration from the hymns of John Newton, William Cowper and the Wesleys during his Anglican youth, Faber recognized that Roman Catholics lacked a tradition of more recent metrical hymnody in English. He took it upon himself to remedy this. By the time he died, he had contributed 150 hymns, all composed after his conversion to Roman Catholicism.

He worked tirelessly in writing hymn materials that would express the universal Catholic faith and which could be used by the people for their own devotional purposes. Faber had long realized the great influence that hymn singing had in Protestant circles and was determined to provide materials for the Catholic Church in the same manner. Frederick Faber's most popular hymn today, sung by both Protestant and Catholic congregations, is "Faith of Our Fathers." Other hymns by Faber in the St. Michael Hymnal are "Jesus, My Lord, My God, My All" and "O Blessed Saint Joseph."

In 1854, the Pope honored Faber with an honorary, Doctor of Divinity degree in recognition of his accomplishments to Catholicism. Faber also wrote many devotional and theological books.

Frederick Faber's most popular hymn today, sung by both Protestant and Catholic congregations, is "Faith of Our Fathers."

"There's a Wideness in God's Mercy" is part of a thirteen-verse poem written by Frederick Faber entitled "Come to Jesus." The text was first published in Faber's collection *Hymns*, in 1862. Although sung to many different hymn tunes, the hymn is published in St. Michael Hymnal to the tune of "Beech Spring."

"Beech Spring," composed by B. F. White (1844), is a tune found in *The Sacred Harp*, published in Philadelphia in 1844. It is used with many hymns including "God of Day and God of Darkness," and "Come ye Sinners, Poor and Needy," and, in the St. Michael Hymnal, with "Now His Years of Life Perfected" and "Portal of the World's Salvation." The tune is background music in the Lewis and Clark film by Ken Burns.



The DOMINICAN Page

Rectory Blessing and Dedication Mass



Top center: Still to come in the chapel, stained glass windows and reredos (wooden altar backing)
Bottom right: "Debriefing" on the private deck!

Holy Family Cathedral
811 West 6th Avenue
Anchorage, Alaska 99501

*INSIDE: RECTORY BLESSING
DEDICATION, FORMER PASTORS,
HOLY BOWLS*

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St. Paul's Corner

Books and Gifts



Sunday: 830A - 4P
Tu, We, Fr: 11A - 2P
Mo, Th: Closed
Saturday: 10A - 2P



Save the Date! March 2019

- Every Tuesday **LEGION OF MARY.** Ministry Center. 1P.
Every Tuesday **RCIA AND ADULT CONFIRMATION.** Ministry Center. 7P.
Every Saturday **JUNIOR LEGION OF MARY.** Church. 10A.
Every Sunday **CCD.** Ministry Center. 830A and 1045A.
ADULT CLASS Ministry Center. 1045A.
Mar. 1, 15 **ADORATION.** 730A - Midnight. Compline with benediction, 1145P.
Mar. 3, 10, 24, 31, Sun. **COFFEE AND DONUTS.** Parish Hall. After 930A Mass.
Mar. 5, Tuesday **CHURCH DECORATION.** 5P
FAT TUESDAY. Pancake dinner. Parish Hall. 6P.
Mar. 5, 19, Tues. **ST. VINCENT DE PAUL.** Ministry Center. 7P.
Mar. 6, Wed. **ASH WEDNESDAY.** Second collection for St. Vincent de Paul.
Masses: 7A, 1210P, 530P, 7P Dominican Rite.
Mar. 8, 22, 29, Fri. **ADORATION.** 730A - Noon.
Mar. 8, 15, 22, 29 **SOUP SUPPER.** 6P. **STATIONS AND CONFESSIONS.** 7P.
Mar., 9, Sat. **ST. ROSE OF LIMA APOSTOLATE.** Talk by Fr. Dominic Dvid on
Mary's virtue of universal mortification. Ministry Center. 930A.
Mar. 10, Sun. **PARISH LIFE AND OUTREACH.** Second collection. All Masses.
BLOOD PRESSURE SCREENING. Parish nurses. Parish Hall. 1P.
Mar. 17, Sun. **THE CHURCH IN CENTRAL AND EASTERN EUROPE.** Second
collection. All Masses.
PANCAKE BREAKFAST. Knights of Columbus. 1030A and 1P.
FELLOWSHIP DINNER. Irish food. Parish Hall. After 4P Mass.
Mar. 21, Thurs. **FAITH AND FICTION.** Ministry Center. 7P.

Fast and Abstinence

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. The norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.