



CYO UPDATES

Calendar

Thursday, March 14

- 6:30 – 7:45 PM Track & Field practice at SAS gym (7-14 age groups only)
- **Track Uniform Order deadline**

Monday, March 18

- 6:30 – 7:15 PM Track & Field practice at [E. Seton HS](#) (6U)
- 6:30 – 7:45 PM Track & Field practice at [E. Seton HS](#) (ages 7-14)

Wednesday, March 20

- 6:30 – 7:15 PM Track & Field practice at [E. Seton HS](#) (6U)
- 6:30 – 7:45 PM Track & Field practice at [E. Seton HS](#) (ages 7-14)

Thursday, March 21

- 6:30 – 7:45 PM Track & Field practice at SAS gym (7-14 age groups only)

★ **CYO Picture Day Schedule** ★

Saturday, March 16, 2019 SAS Gym

Basketball, Cheer, Cross Country, and Soccer team photos for the yearbook will be taken along with individual pictures.

PLEASE BE PROMPT

*Athletes should bring all uniforms and plan to return them.

9:00 AM	12U Girls – Basketball
9:20 AM	14U Boys - Basketball
9:40 AM	14U Girls - Basketball
10:00 AM	12U Boys – Basketball (1)
10:20 AM	12U Boys – Basketball (2)
10:40 AM	12U Girls – Soccer
11:00 AM	10U Girls - Basketball
11:20 AM	10U Boys – Basketball (1)
11:40 AM	10U Boys – Basketball (2)
12:00 PM	XC
12:20 PM	10U Girls – Soccer
12:40 PM	10U Boys – Soccer
1:00 PM	Cheerleading
1:20 PM	6U Basketball
1:40 PM	8U Basketball
2:00 PM	7U Soccer (1)
2:20 PM	7U Soccer (2)

Announcements

Sports & Registration:

Want to try a new sport? All interested in Baseball, Softball and/or Track & Field, please register today.

Track & Field:

Track Practice for all age groups is underway!

Please register your child(ren) now so that we can prepare for the upcoming season-**all grades can participate**. Registration at this time does not require full payment, but **your child must be registered to practice**.

Track & Field practices will be held on Mondays, Wednesdays, and Thursdays from 6:30 p.m. – 7:45 p.m. and extended to 8:00 p.m. as daylight extends.

Payment deadline: March 23, 2019 (to avoid \$25 late fee)

Ages 7-14: \$131; ages 6 & under: \$55

For more information please visit:

<https://sascheverly.org/track> or contact Maya Loggins, Track Coordinator at travisandmaya@gmail.com.

Inclement Weather: In the event of inclement weather, please check your email (or text messages) for communication from your team’s coaches or the CYO program before heading to practices or games/meet location. If PGCPSS is closed, SAS will be closed and there will be no practices that day. Game/Meet cancellations will be posted on the ADW website and coaches will inform their teams.

Fundraising & Spirit Wear:

Do you have your Spirit Wear for the Spring?

Let's show our BEE Pride purchasing new spirit wear! Order from our **new inventory** of St. Ambrose CYO shirts, sweatshirts, hats, backpacks & car magnets (coming soon).

Please email Chauka Reid - chaukareid@yahoo.com or SaintAmbroseCYO@gmail.com regarding your interest.

More items available on the CYO Spirit Wear catalog online!

To register and obtain additional program information, visit www.sascheverly.org/cyo
 Email questions about the program to SaintAmbroseCYO@gmail.com
 VIRTUS approved? Need volunteer hours? Interested in coaching? Send us an email.
Coaches are needed for our Spring sports