


# Pray the Scriptures with us during the month of February 2019

| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday   |
|--|--|---|---|--|--|--|
| <p>Every Sunday is a Solemnity. Weekdays with <b>bold</b> print are either a Solemnity or a Feast Day. All other weekdays are either Memorials or Optional Memorials or without a specific memorial. <i>Optional Memorials are in italics.</i></p> | <p><b>Monthly Devotion The Holy Family</b><br/>Meditate on Jesus being presented in the Temple and how Mary and Joseph experienced Him as a child in their home.</p> | <p><b>Tip for Spiritual Well-Being</b><br/>The Chair of Peter represents the authority Jesus gave to Peter as head of the Church, as the first Pope. Recognize how that authority has been handed on to our current Pope Francis.</p> |  <p>Sts. Cyril and Methodius</p>        | <p><b>Some other saints:</b><br/>3<sup>rd</sup> - St. Blaise<br/>St. Ansgar<br/>10<sup>th</sup> - St. Scholastica<br/>17<sup>th</sup> - The Seven Holy Founders of the Servite Order<br/>28<sup>th</sup> - Sv. Roman</p> | <p><b>1 † First Friday</b><br/>Heb 10:32-39<br/>Ps 37:3-6,23-24,39-40<br/>Mk 4:26-34</p> <p style="text-align: center;"><i>Sacred Heart of Jesus Devotion</i></p>  | <p><b>2 First Saturday</b><br/>Mal 3:1-4<br/>Ps 24:7-10<br/>Heb 2:14-18<br/>Lk 2:22-40</p> <p style="text-align: center;"><b>The Presentation of the Lord</b><br/><i>Immaculate Heart of Mary Devotion</i></p> |
| <p><b>3</b><br/>Jer 1:4-5,17-19<br/>Ps 71:1-6,15-17<br/>1 Cor 12:31 – 13:13<br/>Lk 4:21-30<br/><b>4<sup>th</sup> Sunday in Ordinary Time</b></p>   | <p><b>4</b><br/>Heb 11:32-40<br/>Ps 31:20-24<br/>Mk 5:1-20</p>   | <p><b>5</b><br/>Heb 12:1-4<br/>Ps 22:26-28,30-32<br/>Mk 5:21-43</p> <p>St. Agatha, virgin, martyr</p>   | <p><b>6</b><br/>Heb 12:4-7,11-15<br/>Ps 103:1-2,13-14,17-18<br/>Mk 6:1-6</p> <p>St. Paul Miki and companions, martyrs</p> | <p><b>7</b><br/>Heb 12:18-19,21-24<br/>Ps 48:2-4,9-11<br/>Mk 6:7-13</p>  | <p><b>8 †</b><br/>Heb 13:1-8<br/>Ps 27:1,3,5,8-9<br/>Mk 6:14-29</p> <p style="text-align: center;"><i>St. Jerome Emiliani, priest<br/>St. Josephine Bakhita, virgin</i></p>  | <p><b>9</b><br/>Heb 13:15-17,20-21<br/>Ps 23:1-6<br/>Mk 6:30-34</p>  |
| <p><b>10</b><br/>Is 6:1-2a,3-8<br/>Ps 138:1-5,7-8<br/>1 Cor 15:1-11<br/>Lk 5:1-11<br/><b>5<sup>th</sup> Sunday in Ordinary Time</b></p>  | <p><b>11</b><br/>Gn 1:1-19<br/>Ps 104:1-2,5-6,10,12,24,35<br/>Mk 6:53-56</p> <p style="text-align: center;"><i>Our Lady of Lourdes</i></p>                           | <p><b>12</b><br/>Gn 1:20 - 2:4a<br/>Ps 8:4-9<br/>Mk 7:1-13</p>  | <p><b>13</b><br/>Gn 2:4b-9,15-17<br/>Ps 104:1-2,27-30<br/>Mk 7:14-23</p>  | <p><b>14</b><br/>Gn 2:18-25<br/>Ps 128:1-5<br/>Mk 7:24-30</p> <p>St. Cyril, monk<br/>St. Methodius, bishop</p>   | <p><b>15 †</b><br/>Gn 3:1-8<br/>Ps 32:1-2,5-7<br/>Mk 7:31-37</p>   | <p><b>16</b><br/>Gn 3:9-24<br/>Ps 90:2-6,12-13<br/>Mk 8:1-10</p>   |
| <p><b>17</b><br/>Jer 17:5-8<br/>Ps 1:1-4,6<br/>1 Cor 15:12,16-20<br/>Lk 6:17,20-26<br/><b>6<sup>th</sup> Sunday in Ordinary Time</b></p>   | <p><b>18</b><br/>Gn 4:1-15,25<br/>Ps 50:1,8,16bc-17,20-21<br/>Mk 8:11-13</p>   | <p><b>19</b><br/>Gn 6:5-8; &amp; 7:1-5,10<br/>Ps 129:1a,2,3ac-4<br/>Mk 8:14-21</p>  | <p><b>20</b><br/>Gn 8:6-13,20-22<br/>Ps 116:12-15,18-19<br/>Mk 8:22-26</p>  | <p><b>21</b><br/>Gn 9:1-13<br/>Ps 102:16-18,19-23,29<br/>Mk 8:27-33</p> <p style="text-align: center;"><i>St. Peter Damian, bishop,<br/>doctor of the Church</i></p>   | <p><b>22 †</b><br/>1 Pt 5:1-4<br/>Ps 23:1-6<br/>Mt 16:13-19</p> <p style="text-align: center;"><b>The Chair of Saint Peter, The Apostle</b></p>  | <p><b>23</b><br/>Heb 11:1-7<br/>Ps 145:2-5,10-11<br/>Mk 9:2-13</p> <p>St. Polycarp, bishop, martyr</p>   |
| <p><b>24</b><br/>1 Sm 26:2,7-9,12-13,22-13<br/>Ps 103:1-4,8,10,12-13<br/>1 Cor 15:45-49<br/>Lk 6:27-38<br/><b>7<sup>th</sup> Sunday in Ordinary Time</b></p>   | <p><b>25</b><br/>Sir 1:1-10<br/>Ps 93:1-2,5<br/>Mk 9:14-29</p>   | <p><b>26</b><br/>Sir 2:1-11<br/>Ps 37:3-4,18-19,27-28,39-40<br/>Mk 9:30-37</p>  | <p><b>27</b><br/>Sir 4:11-19<br/>Ps 119:165,168, 171-172,174-175<br/>Mk 9:38-40</p>                                       | <p><b>28</b><br/>Sir 5:1-8<br/>Ps 1:1-4,6<br/>Mk 9:41-50</p>   | <p><b>Note:</b> Ash Wednesday, the beginning of Lent, will be next month on <b>March 6</b>. <b>Ash Wednesday is a day of Fast and Abstinence</b>, no meat is to be eaten and meals should be small. A strict Fast would be bread and water only.</p> | <p>If you are on medications, you probably should not do a strict Fast.<br/><b>Fridays of Lent are days of Abstinence.</b><br/>No meat is to be eaten unless it is necessary due to medical reasons.</p>       |

† The Bishops of the United States have asked that we observe Fasting and Abstinence on every Friday for the intentions of Life, Marriage, and Religious Freedom.