

“How do I find my provider in the UMR (UnitedHealthcare Choice Plus Network)?”

Find a provider



The recommended way is via www.umar.com :

1. Go down to the middle of the page and click on:

“Find a Provider”

2. In the “Provider Network” search bar type in “UnitedHealthcare Choice Plus Network”.
[Can also be accessed via the Dropdown Bar - under 'U' - first selection.]

PROVIDER NETWORK SEARCH

Medical Dental

Provider network

3. Go to the bottom of the page and then click on “View Providers”.

View Providers

4. There is a location identified at the top of the screen in blue; be sure to click on “CHANGE LOCATION” and type in your zip code before typing in the name of your provider.



What type of **Medical Care**
can we help you find near:

New Orleans, LA 70118

[CHANGE LOCATION](#)

FIND HEALTH CARE BY CATEGORY



People
Doctors, medical groups, and other
professionals by specialty



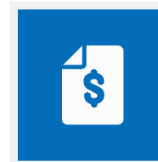
Places
Hospitals, clinics, labs, imaging
centers



Services and Treatments
Providers for office visits, tests,
treatments, surgeries



Care by Condition
Providers for common concerns



Cost Estimates
Treatment for common conditions

NOTE: It is also recommended that you *contact your physician directly and just ask if they are a part of the United Healthcare Choice Plus Network.* Not all doctor’s offices are easy to contact for information such as this but it doesn’t hurt to double check even if you can’t find the provider online. United does update their website regularly; however, the physician may be the best resource since contracts can change at different times during the year.

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