

**BISHOP MacKENZIE CENTER
USE AND RELEASE OF LIABILITY AGREEMENT**

In consideration of being allowed the use of or the participation in any event, program or activity held at The Bishop MacKenzie Center (the "Center") on the grounds of Sacred Heart Parish, I agree, on behalf of myself, my assigns, executors, and heirs, to release and indemnify and hold harmless Sacred Heart Parish, The Roman Catholic Archbishop of Boston, and the trustees, officers, agents, instructors, employees of each of them, hereinafter collectively referred to as the "Church", from any cause or action, claims or demands, or any nature whatsoever, including but not limited to any claims of negligence, which I, my heirs, representatives, executors, administrators, and assigns may now have, or have in the future against the Church on account of personal injury, property damage, death or accident of any kind arising out of or in any way related to my presence at or participation in any activity, event or program, including traveling to, training for, being instructed in using equipment for or participation in any events, programs or activities conducted at the Center, including but not limited to aerobics, basketball and volleyball. I understand that I am releasing the Church from any and all claims for injuries or damages arising out of the Church's negligence including, but not limited to the temporary or permanent muscle strain or soreness, sprains, strains, cuts, abrasions, bruises, ligament and/or cartilage damage, fractures, spinal injuries, head injuries, eye injuries, disfigurement, paralysis, internal injuries, organ damage or death. I recognize that there are other risks of injury that may occur by my participation which are not possible specifically to list.

It is the clear intent of this release agreement that the participant is releasing the Church from any and all liability for any personal injury or property damage caused by negligence of the Church and that the term "Church" shall include all of the entities and persons referred to above.

I understand have read this release and understand its terms.

_____	_____	_____
Participant	Date of Birth	Date
_____		_____
Witness		Date
_____	_____	_____
Parent or Guardian (if Participant is under 18 years of age)	Telephone Number	Date

THIS DOCUMENT WILL AFFECT YOUR LEGAL RIGHTS. PLEASE READ CAREFULLY.