



# Scripture & Prayers for *Eucharistic Adoration*

## *Scripture Readings*

- Exodus 16:2-4; 12-15: *I will rain down bread from heaven.*
- Psalm 34: *Taste and see the goodness of the Lord.*
- Psalm 116: *I will take the cup of salvation, and call on the name of the Lord.*
- Proverbs 9:1-5: *Come and eat my bread, drink the wine I have prepared.*
- Acts of the Apostles 2:42-47: *They continued in fellowship with the apostles and in the breaking of the bread.*
- I Corinthians 10:16-17: *Though we are many, we are one bread and one body.*
- I Corinthians 11:23-26: *Each time you eat this bread and drink this cup, you are proclaiming the death of the Lord Jesus.*
- Mark 14:12-16, 22-26: *This is my body. This is my blood.*
- Luke 9:11-17: *All the people ate and were satisfied.*
- Luke 24:13-35: *They recognized him in the breaking of the bread.*
- John 6:24-35: *If you come to me, you will never be hungry. He who believes in me will never know thirst.*
- John 6:41-51: *I am the living bread from heaven.*

## *Prayers*

### **The Divine Praises**

**B**lessed be God.  
Blessed be His Holy Name.  
Blessed be Jesus Christ, true God and true Man.  
Blessed be the Name of Jesus.  
Blessed be His Most Sacred Heart.  
Blessed be His Most Precious Blood.  
Blessed be Jesus in the Most Holy Sacrament of  
the Altar.

Blessed be the Holy Spirit, the Paraclete.  
Blessed be the great Mother of God, Mary most Holy.  
Blessed be her Holy and Immaculate Conception.  
Blessed be her Glorious Assumption.  
Blessed be the Name of Mary, Virgin and Mother.  
Blessed be St. Joseph, her most chaste spouse.  
Blessed be God in His Angels and in His Saints.

## **T**e Deum *(You are God)*

You are God: we praise you;  
You are God: we acclaim you;  
You are the eternal Father:  
All creation worships you.  
To you all angels, all the powers of heaven,  
Cherubim and Seraphim, sing in endless praise:  
Holy, holy, holy, Lord, God of power and might,  
Heaven and earth are full of your glory.

The glorious company of apostles praise you.  
The noble fellowship of prophets praise you.  
The white-robed army of martyrs praise you.  
Throughout the world the holy Church acclaims you:  
Father, of majesty unbounded,  
Your true and only Son, worthy of all worship,  
And the Holy Spirit, advocate and guide.

You, Christ, are the king of glory,  
The eternal Son of the Father.  
When you became man to set us free  
You did not spurn the Virgin's womb.  
You overcame the sting of death,  
And opened the kingdom of heaven to all believers.  
You are seated at God's right hand in glory.  
We believe that you will come, and be our judge.

Come then, Lord, and help your people,  
Bought with the price of your own blood,  
And bring us with your saints  
To glory everlasting.  
Save your people, Lord, and bless your inheritance.  
Govern and uphold them now and always.  
Day by day we bless you.  
We praise your name forever.  
Keep us today, Lord, from all sin.  
Have mercy on us, Lord, have mercy.  
Lord, show us your love and mercy;  
For we put our trust in you.  
In you, Lord, is our hope:  
And we shall never hope in vain.

## **T**he Jesus Prayer

Lord, Jesus Christ, Son of the Living God,  
have mercy on me, a sinner.

## **A**nima Christe *(Soul of Christ)*

Soul of Christ, be my sanctification.  
Body of Christ, be my salvation.  
Blood of Christ, fill all my veins.  
Water of Christ's side, wash out my stains.  
Passion of Christ, my comfort be.  
O good Jesus, listen to me.  
In Thy wounds I fain would hide,  
N'er to be parted from Thy side,  
Guard me, should the foe assail me.  
Call me when my life shall fail me.  
Bid me come to Thee above,  
With Thy saints to sing Thy love,  
World without end. Amen.

## **A**ct of Faith

O my God, I firmly believe that you are one  
God in three divine Persons,  
Father, Son, and Holy Spirit.  
I believe that your divine Son became man  
and died for our sins and that he will come  
to judge the living and the dead.  
I believe these and all the truths  
which the Holy Catholic Church teaches  
because you have revealed them  
who are eternal truth and wisdom,  
who can neither deceive nor be deceived.  
In this faith I intend to live and die. Amen.

## **A**ct of Hope

O Lord God,  
I hope by your grace for the pardon of all my sins  
and after life here to gain eternal happiness  
because you have promised it  
who are infinitely powerful, faithful, kind,  
and merciful.  
In this hope I intend to live and die. Amen

## **A**ct of Love

O Lord God, I love you above all things  
and I love my neighbor for your sake  
because you are the highest, infinite  
and perfect good, worthy of all my love.  
In this love I intend to live and die. Amen.