



BE YOUR OWN  
HERO

## Join Girls on the Run!

If you want to run and make new friends, sign-up for Girls on the Run! You'll get to play games while you talk about things that are important to you, like friendship, bullying and celebrating what makes you unique. At the end of the season, you'll to get run, walk or hop across the finish line at a 5k with your coaches and teammates!

Tuesdays and Thursdays beginning April 9th  
5:30-6:45 pm at St. Pauls' School \* Grades 3-5

Have an adult help you register online:

[www.girlsontherunnj.org](http://www.girlsontherunnj.org)