

We'll respond to confirm your application has been received.

(You may submit the completed application in an envelope marked "Welcome" & place in the collection basket during Mass. All information provided is strictly confidential and will not be shared.)

Name: _____

Address: _____

Phone: _____

Email: _____

Special Dietary needs: _____

Special Health Issues: _____

Emergency Contact Information:

Name: _____

Relationship: _____

Phone: _____



This process is just one way to stop our busy lives, and know God, not just experience Him.

So in the words of our Savior we too, invite you, "Come and you will see", Jn 1:39.



Sacred Heart Parish



Sacred Heart Parish
1627 Grand Avenue
West Des Moines, Iowa 50265
515-225-6414
sacredheartwdm.org

CRHP 2.0

Welcome.

There is **More** to **Life**

Renewal Retreat Weekends:

March 9-10, 2019

@

Sacred Heart School and grounds



Sacred Heart Parish

"Come and you will see", Jn 1:39.

FREQUENTLY ASKED QUESTIONS:

If you have further questions, please do not hesitate to contact the parish office.

Q: What is Welcome?

A: Formerly known as Christ Renews His Parish, it is a process for enriching the spiritual lives of Catholics through scripture and parish involvement. It started in 1969 and is practiced throughout the US and several other countries.

Q: What is the purpose of the weekend?

A: To get to know your fellow maleparishioners, to read and reflect on scripture, to experience Mass in a special setting.

Q: How long does the weekend last?

A: Welcome begins on Saturday morning at 8am and ends Sunday at 4pm.

Q: I have special food needs. Can that be accommodated?

A: Yes. Please let us know your requirements and they will be met.

Q: What do I bring?

A: Pillow, sleeping bag/bedding, toiletries, change of clothes - mattresses are provided.

Q: Will my family be able to contact me?

A: You will receive a number with 24 hour access that your family can call in case of emergency. Please leave your cell phone at home.

Q: I have medical issues. Should I bring medication?

A: Bring your medications. If you have special needs, just let us know what they are. We strive to make everybody comfortable during the retreat.

Q: How much will it cost?

A: The cost is covered by the parish.

Q: I am not comfortable in large groups. Will I have to talk about my life to strangers?

A: No. You will hear personal witnesses from fellow parishioners who have organized the weekend. You will only be asked to introduce yourself and participate in group prayers and discussions.

Q: I don't have a Bible and I don't read the Bible. Is that a problem?

A: You are not alone. You will receive a Bible to keep.

Q: I have a busy schedule. Do I have to make a long on-going commitment to Welcome?

A: There is no time commitment beyond the weekend. If you feel the calling to help others enjoy a similar Welcome weekend, you can join the team of a future retreat.

Q: Will it be any fun?

A: You are guaranteed to laugh and enjoy some great fun and meals with your parish priest and other men of the parish.

Over 200 of your fellow parishioners have already experienced the retreat weekend here at Sacred Heart. We'd love to have you join us!

