

**Start-Up/Third Grade Lesson Plan
Session 13 – The Saints**

Materials needed:

- Medals – 1 of each per child (St. Michael/St. Peter/St. Jude/Mary/Mother Theresa – in large tub)
- Rope (in large tub)
- Sharpie markers (in large tub)
- Yarn and scissors (in Mouse House)
- DVD “*The Saints*”

Before class begins:

- ✓ Put 5 saint medals (1 of each saint) in a baggie for each child.

Prayer:

Our Father/Hail Mary/Glory Be

Say:

- Tonight we’re going to learn about some very special people called Saints. Can anyone tell me something about a saint?
- Saints are people just like you and me. Some of them lived a long time ago, like St. Peter who was one of Jesus’ disciples. Some are people who have lived during our lifetime, like St. John Paul or Mother Theresa.
- What makes a saint special? Why do we pray to the saints? Who are they? Let’s watch a video and see if we can get some answers!

Take your class to watch the video.

After the video return to your classroom.

Say:

- **There is a very important thing to remember about the saints. We never worship saints. We honor them, we love them and we ask them to pray for us but we NEVER worship them. Worship is for God alone.**

CRAFT

Cut a length of rope for each child (the size will depend on whether they would rather make a necklace or a bracelet.) Give each child a baggie with the 5 saint medals. Explain that each saint has a special gift that they will share with us when we ask them to pray for us.

Courage – St. Michael

Strength – St. Peter

Faith – St. Jude

My Mother – Mary: Queen of Saints

Encouragement – St. Theresa

Say:

† I have a saint medal for all the saints on your necklace or bracelet. String them on the rope and then tie the ends together. Keep your medals in a safe place.

- **Your saint necklace can help you remember that these saints are just waiting to hear from you!**

† **Are you scared? Pray to St. Michael – he is the great warrior Archangel of God. He will pray for you and defend you.**

- † **Do you have a problem that seems impossible to solve? Pray to St. Jude – he is the saint of impossible problems and he will pray for you and help you have faith. Faith means that you trust God to solve your problem in the very best way.**
- † **Are you tempted to sin? Pray to St. Peter for strength. Peter might be a saint and a disciple but he was also a sinner. He knows how you feel and he will ask Jesus to make you strong enough to say no to sin.**
- † **Do you feel like God is expecting really big things of you and you just can't quite measure up? St. Theresa prays for us and reminds us that God is happy when we try our best and offer all the little things we do each day to Him.**
- † **Do you have special problems? Are you sad, tired, sick or unhappy? Remember that Mary is our heavenly mother and loves us EVEN MORE than our earthly mothers (if that's possible!) She will always help you and pray for you.**

These are only a few of the saints in heaven who are waiting to hear from you. Don't forget about them!