

Then, praise God for

What He does..

1. Creating the World:

We see God's goodness by reflecting on the natural world.

Beauty: nature is pleasing to the eye.

Order: there is a complex structure of interdependent relationships (ie. The eco-system; the "circle of life", etc.)

Provision: food provided for all

Variety: many types of plants, animals, etc.

Awesome power: earthquakes, tornadoes, hurricanes, etc.

Faithfulness: patterns of order (eg. The sunrise, the change of seasons, etc)

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2. Creating Me!

Only I can fully appreciate the amazingness of me. Glorify God for it!

Image: He gives me His divine image.

Freedom: I am not forced to do anything. He gave me free will.

Goodness: Made me able to recognize good and evil.

Dominion: He gave me authority over myself and over all creation.

Kindness: Gave me a desire to care for the weak and the lowly.

Wonder: I can recognize and marvel at the world around me and at the me within.

Gifts: Gave me natural abilities to create, make music, conceive ideas, build, order, govern, love, give, etc.

Fertility: Allows me to participate in creating new human life.

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3. Saving Me!

I have been rescued by God.

Sent His Son: Jesus came to save me from my fallen nature and from sin.

Lived among us: Taught me how to live a holy life pleasing to God.

Gave His life for us: His blood made atonement for my sin.

He freed me from
Sin: What sins has Jesus freed me from? Be specific...

He also is still freeing me from

Fear: of failure, of looking foolish, of death, of judgment, of what others think of me

Guilt: for shameful past actions, for habits of sin, etc.

Anxiety: Worrying about my needs, my future, my plans, my happiness

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First, praise God for

Who He is.

It helps to have a mental picture...

1. **Father** (attributes: love, faithfulness, protection)
2. **Creator** (attributes: goodness, generosity, provision)
3. **King** (attributes: glory, majesty, power, authority)
4. **Judge** (attributes: justice, mercy, vindication)
5. **Teacher** (attributes: truth, wisdom, patience)
6. **Savior** (attributes: hears my cry, intervenes on my behalf)

Self-dislike: Disliking my looks, my personality, my abilities, etc.

Insecurity: Thinking everyone is better than me, happier, more "together" etc.

4. Gifting Me!

Jesus sent the Holy Spirit to make me holy and to give gifts for service and worship.

Gifts of

Praise	Evangelizing
Prophecy	Serving
Faith	Encouraging
Hope	Prayer
Perseverance	Understanding scripture
Teaching	Understanding life
Preaching	Loving the hard-to-love.

Praise & Glory

*Feeling lost when
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