

Lectio Divina

DAILY SCRIPTURE READING + MEDITATION + PRAYER + CONTEMPLATION

"God has promised forgiveness to your repentance, but He has not promised tomorrow to your procrastination." ~SAINT AUGUSTINE

Monday, March 18 ~ Second Week of Lent Saint Cyril of Jerusalem, Bishop and Doctor of the Church

Holy Gospel: Luke 6:36-38 Jesus said to his disciples: "Be merciful, just as your Father is merciful. "Stop judging and you will not be judged. Stop condemning and you will not be condemned. Forgive and you will be forgiven. Give and gifts will be given to you; a good measure, packed together, shaken down, and overflowing, will be poured into your lap. For the measure with which you measure will in return be measured out to you."

Meditation: As difficult as it may seem at times, our love for others – even those who are ungrateful and selfish towards us – must be marked by the same kindness and mercy which God has shown to us. When we pray for those who do us harm, it both breaks the power of revenge and releases the power of love to do good in the face of evil. How can we possibly love those who cause us harm, ill-will, and grief? Remember, with God all things are possible. He gives power and grace to those who know his love and who ask for the gift and help of the Holy Spirit. What is grace, and how can one obtain it? There are two kinds of grace – actual and sanctifying. Actual Grace is that help from God which enlightens our reason and moves our will to do good and to avoid evil. The conversion of St. Paul on his journey to Damascus, to persecute the Christians there, is an inspiring example of actual grace. Actual grace comes to us through various channels, such as the sacraments, prayer, homilies, doing good works, and the good example of others. Sanctifying Grace is an unmerited gift of the Holy Spirit, whereby we become children of God and heirs of Heaven. Sanctifying Grace is the supernatural life, beauty, and brightness conferred on our soul by the presence of the Holy Spirit. It makes our soul the object of the special love and friendship of God. Without Sanctifying Grace, we cannot merit anything for Heaven. "Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, so neither can you, unless you abide in Me" (John 15:4). St. Paul reminds us that "God's love has been poured into our hearts through the Holy Spirit which has been given to us" (Romans 5:5). God's love and grace conquers all, even our hurts, fears, prejudices and grief. Only the cross of Jesus Christ and his victory over sin can free us from the tyranny of malice, hatred, revenge, resentment, and give us courage to overcome evil (ref. Romans 12:21).

Prayer: O God, who through the Bishop Saint Cyril of Jerusalem led your Church in a wonderful way to a deeper sense of the mysteries of salvation, grant us, through his intercession, that we may so acknowledge your Son as to have life ever more abundantly. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Contemplation: Do you pray for mercy and forgive those who wrong you? When we are confronted with our sinful condition and failings we experience guilt and shame. This can often either lead us to cast off pride and make-belief or it can lead us to lose our inhibitions and fall into more shameless deeds! If we are utterly honest and humble before God, we will admit our sins and ask for his mercy and forgiveness. Do you know the joy and freedom of repentance, forgiveness, and a clean heart?

Tuesday, March 19 ~ Second Week of Lent Solemnity of Saint Joseph, Husband of the Blessed Virgin Mary

Holy Gospel: Matthew 1:16, 18-21, 24a Jacob was the father of Joseph, the husband of Mary. Of her was born Jesus who is called the Christ. Now this is how the birth of Jesus Christ came about. When his mother Mary was betrothed to Joseph, but before they lived together, she was found with child through the Holy Spirit. Joseph her husband, since he was a just man, yet unwilling to expose her to shame, decided to divorce her quietly. Such was his intention when, behold, the angel of the Lord appeared to him in a dream and said, "Joseph, son of David, do not be afraid to take Mary your wife into your home. For it is through the Holy Spirit that this child has been conceived in her. She will bear a son and you are to

name him Jesus, because he will save his people from their sins." When Joseph awoke, he did as the angel of the Lord had commanded him and took his wife into his home.

Meditation: Joseph's faith was put to the test when he discovered that his espoused wife was pregnant. Joseph, a just and God-fearing man, did not wish to embarrass or punish Mary. To all appearances she had broken their solemn pledge to be faithful and chaste to one another. Joseph, no doubt took this troubling matter to God in prayer. He was not hasty to judge or to react with hurt and anger. God rewarded him not only with guidance and consolation, but with the divine assurance that he had indeed called Joseph to be the husband of Mary and to assume a mission that would require the utmost faith, confidence, and trust in Almighty God. Joseph believed in the divine message to take Mary as his wife and to accept the child in her womb as the promised Messiah. Joseph was a worthy successor to the great patriarchs – Abraham, Isaac, and Jacob. He followed the call of God through the mysterious circumstances that surrounded the coming of Jesus. God entrusted this silent, humble man with the unique privilege of raising his only Son as a growing child. Joseph is a faithful witness and servant of God's unfolding plan of redemption. Are you ready to believe in the promises of God, even when faced with perplexing circumstances and what seems like insurmountable problems? God the Father has not left us alone, but has given us his only begotten Son as our Savior. Where does your faith need to be strengthened? Ask the Lord to increase your faith and trust in his word.

Prayer: Grant, we pray, almighty God, that by Saint Joseph's intercession your Church may constantly watch over the unfolding of the mysteries of human salvation, whose beginnings you entrusted to his faithful care. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Contemplation: Ask yourself: Are you prepared to obey the Lord in everything? Everything?! Faith in God's word and obedience to his commands go hand in hand. Joseph, like Mary, is a model of faith and justice. Matthew tells us that Joseph was a "just man." St. John Chrysostom once wrote: "The concept of 'just' here signifies the man who possesses all the virtues. By 'justice' one at times understands only one virtue in particular, as in the phrase: the one who is not avaricious is just. But 'justice' also refers to virtue in general. And it is in this sense, above all, that scripture uses the word 'justice.' For example, it refers to: 'a just man and true' (cf. Job 1:1), or the two were just (cf. Luke 1:6). Joseph, then, being just, that is to say good and charitable..."

Wednesday, March 20 ~ Second Week of Lent

Holy Gospel: Matthew 20:17-28 As Jesus was going up to Jerusalem, he took the Twelve disciples aside by themselves, and said to them on the way, "Behold, we are going up to Jerusalem, and the Son of Man will be handed over to the chief priests and the scribes, and they will condemn him to death, and hand him over to the Gentiles to be mocked and scourged and crucified, and he will be raised on the third day." Then the mother of the sons of Zebedee approached Jesus with her sons and did him homage, wishing to ask him for something. He said to her, "What do you wish?" She answered him, "Command that these two sons of mine sit, one at your right and the other at your left, in your kingdom." Jesus said in reply, "You do not know what you are asking. Can you drink the chalice that I am going to drink?" They said to him, "We can." He replied, "My chalice you will indeed drink, but to sit at my right and at my left, this is not mine to give but is for those for whom it has been prepared by my Father." When the ten heard this, they became indignant at the two brothers. But Jesus summoned them and said, "You know that the rulers of the Gentiles lord it over them, and the great ones make their authority over them felt. But it shall not be so among you. Rather, whoever wishes to be great among you shall be your servant; whoever wishes to be first among you shall be your slave. Just so, the Son of Man did not come to be served but to serve and to give his life as a ransom for many."

Meditation: Have you ever given any thought as to who or what takes first place in your life? Selfish ambition drives us to get ahead of others. When two of Jesus' disciples tried to get ahead, Jesus did the unthinkable by telling them that the path to glory would be through suffering and the cross. And he wedded authority with selfless-service and with sacrifice – the willing offering of one's life for the sake of another. Jesus used stark language to explain what kind of sacrifice he had in mind. His disciples must drink his cup if they expect to reign with him in his kingdom. The cup he had in mind was a bitter one involving crucifixion. What kind of cup does the Lord have in mind for us? For some disciples such a cup entails physical suffering and the painful struggle of "martyrdom" in one form or another. This entails the long routine of the Christian life, with all its daily sacrifices, disappointments, set-backs, struggles, and temptations. A disciple must be ready to lay down his or her life in martyrdom and be ready to lay it down each and every day in the little and big sacrifices required. An early church father summed up Jesus'

teaching with the expression: to serve is to reign with Christ. We share in God's reign by laying down our lives in humble service of one another as Jesus did for our sake. Are you ready to lay down your life and to serve others as Jesus did?

Prayer: Keep your family, O Lord, schooled always in good works, and so comfort them with your protection here as to lead them graciously to gifts on high. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Contemplation: Jesus paid the price for our redemption with his blood. Slavery to sin is to want the wrong things and to be in bondage to destructive desires. The ransom Jesus paid sets us free from the worst tyranny possible – the tyranny of sin and the fear of death. Jesus' victory did not end with death but triumphed over the tomb. Jesus defeated the powers of death through his resurrection. Do you want the greatest freedom possible – that is, the freedom to live as God truly meant us to live as his sons and daughters? Embrace his laws, his teachings, and his will, and true and lasting freedom will be yours!

Thursday, March 21 ~ Second Week of Lent

Holy Gospel: Luke 16:19-31 Jesus said to the Pharisees: "There was a rich man who dressed in purple garments and fine linen and dined sumptuously each day. And lying at his door was a poor man named Lazarus, covered with sores, who would gladly have eaten his fill of the scraps that fell from the rich man's table. Dogs even used to come and lick his sores. When the poor man died, he was carried away by angels to the bosom of Abraham. The rich man also died and was buried, and from the netherworld, where he was in torment, he raised his eyes and saw Abraham far off and Lazarus at his side. And he cried out, 'Father Abraham, have pity on me. Send Lazarus to dip the tip of his finger in water and cool my tongue, for I am suffering torment in these flames.' Abraham replied, 'My child, remember that you received what was good during your lifetime while Lazarus likewise received what was bad; but now he is comforted here, whereas you are tormented. Moreover, between us and you a great chasm is established to prevent anyone from crossing who might wish to go from our side to yours or from your side to ours.' He said, 'Then I beg you, father, send him to my father's house, for I have five brothers, so that he may warn them, lest they too come to this place of torment.' But Abraham replied, 'They have Moses and the prophets. Let them listen to them.' He said, 'Oh no, father Abraham, but if someone from the dead goes to them, they will repent.' Then Abraham said, 'If they will not listen to Moses and the prophets, neither will they be persuaded if someone should rise from the dead.'"

Meditation: The name "Lazarus" means "God is my help." Despite a life of misfortune and suffering, Lazarus did not lose hope in God. His eyes were set on a treasure stored up for him in heaven. The rich man, however, could not see beyond his material wealth and possessions. He not only had everything he needed, he selfishly spent all he had on himself. He was too absorbed in what he possessed to notice the needs of those around him. He lost sight of God and the treasure of heaven because he was preoccupied with seeking happiness in material things. He served wealth rather than God. In the end the rich man became a beggar! Do you know the joy and freedom of possessing God as your true and lasting treasure? Those who put their hope and security in heaven will not be disappointed (ref. Hebrews 6:19)?

Prayer: O God, who delight in innocence and restore it, direct the hearts of your servants to yourself, that, caught up in the fire of your Spirit, we may be found steadfast in faith and effective in works. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Contemplation: The parable about the afflictions of the poor man Lazarus brings home a very important lesson for us to think about during Lent, and to change the way we choose to help or not help those in need. In this story Jesus paints a dramatic scene of contrasts – riches and poverty, heaven and hell, compassion and indifference, inclusion and exclusion. We also see an abrupt and dramatic reversal of fortune. Lazarus was not only poor, but sick and unable to lift himself. He was "laid" at the gates of the rich man's house. The dogs which licked his sores probably also stole the little bread he got for himself. Dogs in the ancient world symbolized contempt. Enduring the torment of these savage dogs only added to the poor man's miseries and sufferings. The rich man treated the beggar with contempt and indifference, until he found his fortunes reversed at the end of his life! In God's economy, those who hold on possessively to what they have, lose it all in the end, while those who share generously receive back many times more than they gave away.

Friday, March 22 ~ Second Week of Lent

Holy Gospel: Matthew 21:33-43, 45-46 Jesus said to the chief priests and the elders of the people: "Hear another parable. There was a landowner who planted a vineyard, put a hedge around it, dug a wine press in it, and built a tower. Then he leased it to tenants and went on a journey. When vintage time drew near, he sent his servants to the tenants to obtain his produce. But the tenants seized the servants and one they beat, another they killed, and a third they stoned. Again he sent other servants, more numerous than the first ones, but they treated them in the same way. Finally, he sent his son to them, thinking, 'They will respect my son.' But when the tenants saw the son, they said to one another, 'This is the heir. Come, let us kill him and acquire his inheritance.' They seized him, threw him out of the vineyard, and killed him. What will the owner of the vineyard do to those tenants when he comes?" They answered him, He will put those wretched men to a wretched death and lease his vineyard to other tenants who will give him the produce at the proper times." Jesus said to them, "Did you never read in the Scriptures: The stone that the builders rejected has become the cornerstone; by the Lord has this been done, and it is wonderful in our eyes? Therefore, I say to you, the Kingdom of God will be taken away from you and given to a people that will produce its fruit." When the chief priests and the Pharisees heard his parables, they knew that he was speaking about them. And although they were attempting to arrest him, they feared the crowds, for they regarded him as a prophet.

Meditation: Why did Jesus' story about wicked tenants cause offense to the scribes and Pharisees? It contained both a prophetic message and a warning. Isaiah had spoken of the house of Israel as "the vineyard of the Lord" (Isaiah 5:7). Jesus' listeners would likely understand this parable as referring to God's dealing with a stubborn and rebellious people. This parable speaks to us today as well. It richly conveys some important truths about God and the way he deals with his people. First, it tells us of God's generosity and trust. The vineyard is well equipped with everything the tenants need. The owner went away and left the vineyard in the hands of the tenants. God likewise trusts us enough and give us freedom – "free will." But with freedom comes responsibility. As the *Catechism of the Catholic Church* notes: **#1731:** Freedom is the power, rooted in reason and will, to act or not to act, to do this or that, and so to perform deliberate actions on one's own responsibility. By free will one shapes one's own life. Human freedom is a force for growth and maturity in truth and goodness; it attains its perfection when directed toward God, our beatitude. **#1732:** As long as freedom has not bound itself definitively to its ultimate good which is God, there is the possibility of choosing between good and evil, and thus of growing in perfection or of failing and sinning. This freedom characterizes properly human acts. It is the basis of praise or blame, merit or reproach. **#1733:** The more one does what is good, the freer one becomes. There is no true freedom except in the service of what is good and just. The choice to disobey and do evil is an abuse of freedom and leads to "the slavery of sin." **#1734:** Freedom makes man responsible for his acts to the extent that they are voluntary. Progress in virtue, knowledge of the good, and *ascesis* enhance the mastery of the will over its acts.

Prayer: Grant, we pray, almighty God, that, purifying us by the sacred practice of penance, you may lead us in sincerity of heart to attain the holy things to come. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Contemplation: Jesus knew he would be rejected and be killed, but he also knew that would not be the end. After rejection would come glory – the glory of resurrection and ascension to the right hand of the Father. The Lord blesses his people today with the gift of his kingdom. And he promises that we will bear much fruit if we abide in him (ref. John 15:1-11). He entrusts his gifts and grace to each of us and he gives us work to do in his vineyard – the body of Christ. He promises that our labor will not be in vain if we persevere with faith to the end (ref. 1 Corinthians 15:58). We can expect trials and even persecution, but in the end good will triumph. Do you labor for the Lord with joyful hope and confidence in his victory?

Scripture passages (NAB translation) courtesy of the U.S. Conference of Catholic Bishops. Daily meditations and contemplations adapted from the Irish Jesuits' *Sacred Space* web page and *Biblical Medications for Lent* by Rev. Carroll Stuhlmüller, C.P.; prayers are from *The Roman Missal*, Catholic Book Publishing, 2011; information about saints, solemnities, feasts and memorials courtesy of the Catholic Culture web site.

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