

What is CORNERSTONE?

Cornerstone is an opportunity to renew your faith and grow in your experience of Christian community. It is also a way to meet other women in the faith community of Our Lady of the Magnificat in a warm, welcoming and casual environment on both a personal and spiritual level.

It is a gathering of ordinary women for an extraordinary experience!

Who Conducts CORNERSTONE?

What Can I Expect?

A core team of women who have previously experienced **Cornerstone** have worked to plan this special event. Each team member lends their talents and faith and gives of themselves in various ways. Whether by relating a life experience in a presentation, leading a small group discussion, planning a liturgy, choosing music, or preparing a meal, all team members are dedicated to ensuring an atmosphere of warmth and hospitality.

Cornerstone will begin Friday evening at 7pm and end on Saturday evening after the Closing Mass which will start at 7pm. Your 26-hour stay will take place in the OLM school/gym, with great meals, snacks & refreshments throughout the retreat.

To Register:

Complete the form on the back of the brochure. Any questions please reach out to:

Cyndy Fuhro
cyndyf1119@gmail.com
(973) 283-9058

A suggested offering of \$75 will cover the cost of the meals, accommodations & materials.

ACTIVITIES

There will be (3) 40-minute activities offered on Saturday morning. Participants will choose one (1) from the different activities described below.

Artistic Expression: Get in touch with your creative side & discover your voice. Come relax and be moved by the Holy Spirit. Participants will use acrylic paint to create their very own unique sunrise on canvas using color & text. All levels welcome!

Energized Yogalates: Exercise inspired by Yoga & Pilates with a cardio twist. Moving to music, using your own body strength, increasing heart rate while enhancing the ability to connect mind, body & soul to achieve an inner peacefulness. Yoga mats will be provided. All levels welcome!

Prayer Journaling: A unique written form of prayer. Discover the benefits of journaling, learn topics and themes for prayer journaling, and enjoy the opportunity to write during this activity.

REGISTRATION FORM

Complete the form below, enclose with offering of \$75, check made payable to "OLM" and either drop it off at the Rectory or mail to the address to the right!

Name: _____

Address: _____

City: _____

Phone: _____

Email Address: _____

Please select (1) of the following activities (See descriptions on previous page):

- Artistic Expression Energized Yogalates
- Prayer Journaling

Please select sleeping preference*:

- 9" Air Mattress on floor
- Raised Army Cot

*Sleeping preferences cannot be guaranteed

Emergency Spouse/Family Contact:

Relationship: _____

Address: _____

Email Address: _____

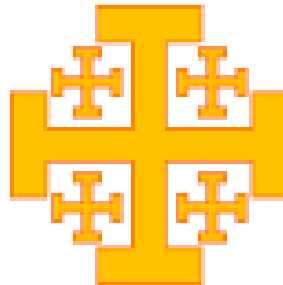
Best Phone #: _____

"We will Serve with Grace"

"As each has received a gift, use it to serve one another, as good stewards of God's varied Grace!"

1 Peter 4:10

OLM WOMEN'S CORNERSTONE 2018



Mail or drop registration and offering here:

Cornerstone 2018

Our Lady of the Magnificat

2 Miller Road, Kinnelon NJ 07405

The Parish Office #973-838-6838

OUR LADY OF THE MAGNIFICAT

Invites You

to

Join Us To Be...

"SERVED with GRACE"



Women's CORNERSTONE 2018

October 19 & 20

A 26-hour experience starting at 7pm Friday, October 19

"The stone the builders rejected has become the Cornerstone"...Matthew 21:42