



# FLYING CARDINAL 5K

SETON CATHOLIC SCHOOLS'  
5K RUN/WALK

APRIL 27, 2019, 9:00AM

PROCEEDS BENEFIT SETON CATHOLIC'S  
HOME & SCHOOL, ATHLETIC BOOSTERS  
& HAYES ARBORETUM

## CARDINALS SETON CATHOLIC

### LOCATION

Hayes Arboretum Nature Center, 801 Elks Rd.

### ENTRY FEE

\$20 pre-registration (\$60 family rate)  
by April 17, 2018 (shirt guaranteed)

\$25 after April 17th and day-of registration (\$70 family rate)

### REGISTRATION

7:30-8:45 AM at Hayes Arboretum Nature Center; 9:00 AM start time

### AWARDS

Awards to the top 3 male and female overall and to the top 3 places in each age group. Official chip timing for faster results **provided by Speedy Feet**. T-shirts will be guaranteed to all 5K participants pre-registered by April 17, 2019.



In case of inclement weather, the event will follow ISHAA guidelines.

**RAIN OR SHINE - NO REFUNDS**

### AGE GROUPS

Men, Women & Children

8 & under	25-29
9-10	30-39
11-12	40-49
13-15	50-59
16-19	60-69
20-24	70 & over

## OFFICIAL ENTRY FORM\* (OR REGISTER ONLINE AT SPEEDY-FEET.COM)

\*Please fill out one  
Entry Form per runner.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Sex: M or F

Participant's Signature: \_\_\_\_\_ Date \_\_\_\_\_

Street: \_\_\_\_\_ Email: \_\_\_\_\_ Birthdate: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Age: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Parent Signature: (required if participant is under 18 yrs.) \_\_\_\_\_

Registration: Pre-registration 5K Run/Walk (with shirt) \$20 \_\_\_\_\_ Family rate \$60 \_\_\_\_\_

After April 17th: 5K Run/Walk (Shirt NOT guaranteed) \$25 \_\_\_\_\_ Family rate \$70 \_\_\_\_\_

### Make check payable to Seton Catholic School and mail to:

Seton Catholic School, 801 W. Main St., Richmond, IN 47374 Attn. 5K

For more information, Email: RTB8923@yahoo.com

Circle T-shirt size: YOUTH: M L ADULT: S M L XL 2XL

In consideration of the acceptance of my entry, I for myself and assignees do hereby release and discharge Hayes Arboretum and any and all of the sponsors of the race for all claims of damages, demand and actions arising or growing out of my participation in said athletic event. I attest I have knowledge of the risks involved in the event and am sufficiently trained for the athletic event. In addition, by attending and/or participating in this event, I understand my image may be used by Hayes Arboretum and/or event sponsors.