

# SAID ED July 2, 2017

## Life Reflections

Summer time is definitely upon us! Here are some reflections on life that came to me recently. I pass them on for your summer reflection.

- *Life isn't fair, but it's still good.*
- *When in doubt, just take the next small step.*
- *Life is too short to waste time hating anyone.*
- *Your job won't take care of you when you are sick. Your friends and parents will. Stay in touch.*
- *You don't have to win every argument. Agree to disagree.*
- *Cry with someone. It's more healing than crying alone.*
- *It's OK to get angry with God. God can take it.*
- *When it comes to chocolate, resistance is futile.*
- *Make peace with your past so it won't screw up the present.*
- *It's OK to let your children see you cry.*
- *Don't compare your life to others. You have no idea what their journey is all about.*
- *If a relationship has to be a secret, you shouldn't be in it.*
- *Everything can change in the blink of an eye. But don't worry; God never blinks.*
- *Take a deep breath. It calms the mind.*
- *Get rid of anything that isn't useful, beautiful or joyful.*
- *Whatever doesn't kill you really does make you stronger.*
- *It's never too late to have a happy childhood. But the second one is up to you and no one else.*
- *When it comes to going after what you love in life, don't take no for an answer.*
- *Don't save it for a special occasion. Today is special.*
- *Over prepare, then go with the flow.*
- *Be eccentric now. Don't wait for old age to wear purple.*
- *The most important sex organ is the brain.*
- *No one is in charge of your happiness but you.*
- *Frame every so-called disaster with these words 'In five years, will this matter?'*
- *Always choose life.*
- *Forgive everyone everything.*
- *What other people think of you is none of your business.*
- *Time heals almost everything. Give time time.*
- *However good or bad a situation is, it will change.*
- *Don't take yourself so seriously. No one else does.*
- *Believe in miracles.*
- *God loves you because of who God is, not because of anything you did or didn't do.*
- *Don't audit life. Show up and make the most of it now.*
- *Growing old beats the alternative -- dying young.*
- *Your children get only one childhood.*
- *All that truly matters in the end is that you loved.*
- *Get outside every day. Miracles are waiting everywhere.*
- *If we all threw our problems in a pile and saw everyone else's, we'd grab ours back.*

- *Envy is a waste of time. You already have all you need.*
- *The best is yet to come.*
- *No matter how you feel, get up, dress up and show up.*
- *Life isn't tied with a bow, but it's still a gift.*

There's a lot of wisdom in these words. I hope you will have a fine summer season!

Have a good week!

Fr. Ed

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