

SAID ED May 21, 2017

Life

This Christmas we gave a book by Catholic Evangelist Matthew Kelly to every house hold. Resisting Happiness was well received by many people. I regularly hear from people who have been reading it and find challenging. Recently some one called a chapter to my attention that was particularly interesting. On page 150 of the book Matthew Kelly asks a powerful question that I found challenging and engaging. I share these thoughts with you today. They provide for a good examination of conscience in this Easter Season when we celebrate the new life that the Lord has given us.

Matthew Kelly writes: "If you died today, what would you wish you had done differently?"(Resisting Happiness page 150)

- I wish I had the courage to just be myself.
- I wish I had spent more time with the people I love.
- I wish I had made spirituality more of a priority.
- I wish I hadn't spent so much time working.
- I wish I had discovered my purpose earlier.
- I wish I had learned to express my feelings more.
- I wish I hadn't spent so much time worrying about things that never happened.
- I wish I had taken more risks.
- I wish I had cared less about what other people thought.
- I wish I had realized earlier that happiness is a choice.
- I wish I had loved more.
- I wish I had taken better care of myself.
- I wish I had been a better spouse.
- I wish I had paid less attention to other people's expectations.
- I wish I had quit my job and found something I really enjoyed doing.
- I wish I had stayed in touch with old friends.
- I wish I had spoken my mind more.
- I wish I hadn't spent so much time chasing the wrong things.
- I wish I'd had more children.
- I wish I had touched more lives.
- I wish I had thought about life's big questions earlier.
- I wish I had traveled more.
- I wish I had lived more in the moment.
- I wish I had pursued more of my dreams.

Every one of us can benefit from examining our hearts every now and then. Some schools of aesthetical theology recommend that we do this every day. While not all these questions apply to everyone, they do invite us to look at our lives and see where the Resurrection of the Lord might be leading us. What things are we being invited to change or modify. Are we living our lives in the freedom of the children of God? It is never too late to make changes in our lives. Remember our God is the God of second chances (the third, fourth, fifth and so on).

Have a great week!
