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The Eucharist: An Invitation to All

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Henri DeLucbac, one of the most prominent theologians and cardinals of the past century, resumes his love and admiration for the Eucharistic in the expression “the Eucharist Makes the Church.” He clearly asserts how the Eucharist is at the very core of the Christian Life and gives the Church its identity. Hence, in the reception of the sacramental Body and Blood of Christ we are made partakers of his life, love, and salvation.

These words may lead us to conclude that the celebration of the Eucharist is a sacrament intended only for a particular elite of people within the Church. However, our beautiful reality with regard to the Eucharist is completely the opposite: It is the sacrament of salvation that constantly invites the entire human race to partake of the mystery and divinity of God. It is offered for all of us; it is a sacrament of inclusion, love, conversion and healing.

The Lord proclaims in the gospel, “I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world.” We are part of the universal family who celebrates the Eucharist. Jesus becomes present in his Sacraments and also in his Church. During the Mass our lives converge with Christ himself who becomes the Bread

of Life given for the salvation of all. He becomes sacrament and enters our own existence so we can become part of his body and share in his salvation.

Christ’s Word and promises are also part of this heavenly food we receive during the Mass. All of us are welcome to be part of the Eucharist; all of us are called to receive Jesus in Word and Sacrament. The Church’s doors are always open to every person willing to come and partake of the heavenly food. At the same time, our Church is a beautiful example of welcoming hospitality as we encourage people to receive the consecrated Body and Blood of Christ or to join for a blessing as a sign of spiritual communion.

May God bless you always, and please be assured that all our prayers and Mass intentions are present with you and your families.



Rev. Sergio